Fighting grime in tight spaces

Swiffer® 360° Dusters® has thousands of deep-cleaning fibres that help reduce allergens*. Designed specifically to clean dirt in grooves and crevices, it traps and locks dust and allergens better than a feather duster. And a clever all-around design features 50% more fibres than regular Swiffer Dusters, allowing it to lock dust away for a thorough clean. Swiffer® 360° Dusters® has thousands of deep-cleaning fibres that help reduce allergens*. Designed specifically to clean dirt in grooves and crevices, it traps and locks dust and allergens better than a feather duster. And a clever all-around design features 50% more fibres than regular Swiffer Dusters, allowing it to lock dust away for a thorough clean.

Swiffer 360° DUSTERS™

the metro interview:

TAYLOR SCHILLING SAYS PRISON GETS HAPPY IN SEASON 3

LOTTO 649

Tonight's Jackpot

$10,000,000 estimated

PLUS A GUARANTEED $1 MILLION PRIZE

Toronto metro

Your essential daily news | WEDNESDAY, JUNE 10, 2015 | High 25°C/Low 14°C Showers

"Not removing the Gardiner will make Toronto the laughingstock of great global cities."

Richard Florida

CRUNCH TIME FOR GARDINER

Metro talks to experts about why Toronto needs to take the Gardiner down

metroNEWS

TRANSPORTATION

35 groups plotting Pan Am traffic

Here's where the rubber meets the road for residents of the GTA, regardless of your degree of excitement about the Pan Am Games.

On June 29, temporary HOV lanes (for vehicles carrying three or more) will go into effect, along with several other measures that will affect everyone seeking to get around the GTA, including enhanced TTC and GO service, dedicated tow trucks and 5,000 new street signs.

It's all to manage Games traffic as an anticipated 250,000 visitors come to the region. The plan aims to serve tourists, residents and athletes alike.

Some 35 transportation and security agencies, from the 16 municipalities touched by the Games to Metrolinx and the Ministry of Transportation, teamed up to create the plan outlined at a news conference Tuesday.

Transportation Minister Steven Del Duca previously announced that the Games' $61-million plan depends on a 20 per cent traffic reduction.

Organizers hope to hit that target by promoting transit and encouraging businesses and workers to plan ahead and adjust their routines during the Games.

The Pan Am Games run July 10 to 26. The Parapan Ams follow from Aug. 7 to 15.

TORSTAR NEWS SERVICE

vw.ca

OFFER ENDS JUNE 30

Das Summer Sales Event

From 0%* APR for 72 MONTHS on select models

or up to $3,500** CASH DISCOUNT on other select models

Highline model shown

2015 TIGUAN

2.0 TSI Trendline FWD

5-Star Safety Ratings††

Monthly lease from the equivalent of $99 bi-weekly

THAT'S LIKE PAYING

$50 WEEKLY with $5,920 down at 1.9% APR for 48 months†

TIGUAN SPECIAL EDITION

Introducing the Tiguan Special Edition with more than

$1,300 IN ADDED VALUE

- rearview camera
- heated seats
- keyless entry
- 17" Fortaleza alloy wheels
- Climatronic® dual-zone climate control
- rain-sensing wipers, and much more

Highline model shown

2015 PASSAT

1.8L Trendline TSI manual transmission

Monthly lease from the equivalent of $89 bi-weekly

THAT'S LIKE PAYING

$45 WEEKLY with $5,281 down at 1.9% APR for 48 months†

Up to **$1,000** TDI DISCOUNT***

Go TDI® Clean Diesel, 1,296 km (highway) per tank

Highline model shown

2015 JETTA

2.0L Trendline manual transmission

STANDARD REARVIEW CAMERA

5-Star Safety Ratings††

2015 IIHS TOP SAFETY PICK

Monthly lease from the equivalent of $69 bi-weekly

THAT'S LIKE PAYING

$35 WEEKLY with $2,451 down at 1.9% APR for 48 months†

Up to **$1,000** TDI DISCOUNT***

Go TDI® Clean Diesel, 1,058 km (highway) per tank

See the falls in a Jetta with available automatic rain-sensing wipers.

Where will you go this summer with your new Volkswagen?

Das Auto.

*Limited time finance offer available through Volkswagen Finance, on approved credit based on a new and unregistered 2015 Tiguan FWD Trendline (#5N21V4) / Passat 1.8T Trendline (#A322R1) / Jetta 2.0L Trendline (#163VJ1) base model with 6/5/5-speed manual transmission. Base MSRP of $26,750/$25,580/$16,595, including $1,760/$1,605/$1,605 freight and PDI, financed at 0% APR for 72 months equals 156 bi-weekly payments starting from $139/$139/$89. $5,066/$3,896/$2,711 down payment due at signing. Cost of borrowing is $0 for a total obligation of $26,750/$25,580/$16,595. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **$3,500 /$2,000/$2,000 discount on MSRP available on cash purchase only of new and unregistered 2015 Tiguan 2.0T Highline 4MOTION® / other select Passat models / other select Jetta models. Discount varies by model. ***$1,000/$1,000 discount on MSRP available on cash purchase, finance or lease of select new and unregistered 2015 Passat TDI Clean Diesel / Jetta TDI Clean Diesel models. Based on Natural Resources Canada's (NRCan) estimated fuel consumption rating of 5.4 L/100 km (highway) for the 2015 Passat TDI Clean Diesel equipped with manual transmission and a 70 L fuel tank capacity. City rating is 7.9 L/100 km. Estimated fuel consumption ratings of 5.2 L/100 km (highway) and 7.7 L/100 km (city) for the 2015 Jetta TDI Clean Diesel equipped with manual transmission and a 55 L tank. Actual fuel consumption will vary based on driving conditions, driver habits and vehicle's additional equipment. Please refer to NRCan's Fuel Consumption Guide 2015. †**Lease payments of $215/$258/$193/$150 on the Tiguan / Tiguan Special Edition / Passat / Jetta must be made on a monthly basis and cannot be made bi-weekly.** Bi-weekly equivalent payments shown for information only. Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2015 Tiguan FWD Trendline (#5N21V4) / Tiguan Special Edition / Passat 1.8T Trendline (#A322R1) / Jetta 2.0L Trendline (#163VJ1) base model with 6/6/5/5-speed manual transmission. $1,760/$1,760/$1,605/$1,605 freight and PDI included in monthly payment. 48-month term at 1.9% APR. $5,920/$5,707/$5,281/$2,451 down payment, $260/$310/$240/$200 security deposit and first monthly payment due at lease inception. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Total lease obligation: $16,216/$18,083/$14,537/$9,627. 64,000-kilometre allowance; charge of $0.15/km for excess kilometres. ††2015 Volkswagen Tiguan 2.0T 4MOTION® received a 5-star side-crash rating while the Jetta 4 DR FWD received a 5-star overall rating. Government star ratings are part of the U.S. National Highway Traffic Safety Administration (NHTSA) New Car Assessment Program (safercar.gov). Crash performance was based on a U.S.-equipped vehicle. Some features on that model may be optional or not available in Canada. ‡The 2015 Jetta was awarded a Top Safety Pick from the IIHS (Insurance Institute for Highway Safety). To qualify for a Top Safety Pick, a vehicle must earn good ratings in the moderate overlap front, side, roof strength and head restraint tests, as well as a good or acceptable rating in the small overlap front test. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end June 30, 2015 and are subject to change or cancellation without notice. Models shown: 2015 Tiguan 2.0T Highline R-Line, $44,315/ 2015 Passat 1.8T Highline, $31,295 /2015 Jetta 1.8T Highline, $25,990. Vehicles shown for illustration purposes only and may include optional equipment. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "TDI", "TDI Clean Diesel", "Tiguan", "Jetta", "Passat", "Trendline", "Highline", "4MOTION" and "Climatronic" are registered trademarks of Volkswagen AG. © 2015 Volkswagen Canada.

metro NEWS
Your essential daily news

CBC abruptly fires host Evan Solomon. Canada

Student triumphs over homelessness

EDUCATION

Anh Cao hits top of the class at U of T with help from others

Through the generosity of supporters, international student Anh Cao from Vietnam not only graduated Monday, but won top marks in all of the University of Toronto. His helpers included, from left, Tiantian Zhao, Nouf Alluqmani, Karen Siddique, Mithunah Krishnamoorth, Prof. Bebhinn Treanor and Hifza Buhari. KEITH BEATY/TORSTAR NEWS SERVICE

He's the top graduate from Canada's largest university with straight A-plus marks, the heady John Black Aird prize from the University of Toronto and a silver medal from the Governor General. And for part of his studies, Anh Cao lived in a homeless shelter.

How this impish, gifted student from Vietnam overcame economic odds to become a molecular biology whiz, a dazzling researcher and a teaching assistant so talented he now trains other tutorial leaders, speaks to his grit, to Canadian kindness and the fact it can take a village to raise an academic rock star.

There's no denying his gift, marvels immunology professor Bebhinn Treanor, who said her jaw "fell on the floor" the day the second-year student sent her an outline of how her lab might tackle a stubborn research problem she had described to him that afternoon.

"I was absolutely dumbfounded," said Treanor. "He gets right to the heart of the issues and he's so enthusiastic."

Yet his hefty $116,000 scholarship from the Vietnamese government proved no match for Canada's steep tuition for international students, which for Cao has climbed to $33,000 a year. When money ran short, he moved to a homeless shelter for a semester.

This year he has lived for free in a friend's den and relied on homemade dinners made for him each day by Karen Siddique, the woman who cleans the science lab. Lunch came each day from the mother of a master's student who heard how much Cao liked her hummus.

"Yay Canada — here's what I have learned about this country: If you need help, there will be help for you," said the grateful 23-year-old Monday after graduating at Convocation Hall in gown and sneakers, clutching a Vietnamese flag and a U of T teddy bear given to him by Siddique. He was heading home for the summer Tuesday night and will be back this fall to start on a master's degree.

Anh Cao
TORSTAR NEWS SERVICE

Still, some of Cao's hurdles were his own fault.

If he hadn't grown so keen in first year to become a researcher in Treanor's lab, he wouldn't have decided to take two summer courses to speed up his qualifications, and wouldn't have raided the fall installment of his scholarship to pay for them.

So he most certainly would not have had to Google "homeless shelter for students in Scarborough" at the start of second year.

"It was great, really; I found Second Base Youth Shelter near the Kennedy subway station and lived there for first semester," recalled Cao breezily. "It was free food and TTC tokens and a wake-up call every morning, and they found me a quiet place to study."

When his next installment came at year's end, he moved back to residence.

Cao also volunteered for the first two years for a hospice, visiting people in palliative care in their homes to offer companionship, make them lunch and clean their homes, as a way, he said, "to get to know Canada."

How ironic, noted Treanor, "that he was cleaning other people's houses when he was homeless himself."

Cao wants Canadians to know not all international students are from rich families. His parents, a retired soldier and an English tutor, earn only about $500 a month. He is grateful for the scholarship of $75,000 for tuition and $36,000 living expenses over four years. U of T also gave him an $8,000 entrance scholarship.

But compared with universities in the United States, Canadian universities could do more "to make it easy for international students through more ... financial assistance." TORSTAR NEWS SERVICE

STRAIGHT TEETH
NO BRACES

- Dr. Ramlaggan will be providing FREE consultations
- Will answer any questions
- Make an appointment for this special event
- Space is limited to the first 25 appointments
- Call today! 5% cash discount

invisalign® The Clear Alternative to Braces SPECIAL EVENT

Wednesday June 17th, 2015
4:00pm - 7:00pm

UP TO $1000 OFF

DR. VASANT RAMLAGGAN
Midtown Dental
20 Bloor Street East
Toronto, ON

416.966.3368
www.midtowndental.ca

Invisalign® Day and associated promotions are hosted and sponsored by Dr. Ramlaggan and not by Align Technology, Inc. PD00055-00 Rev A.

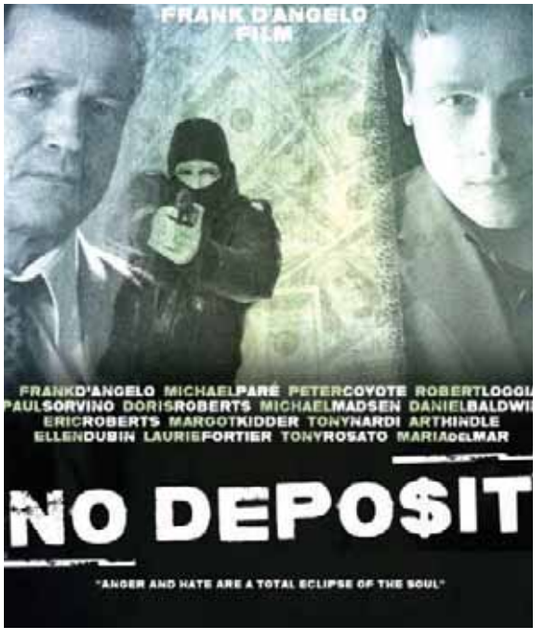
5 THINGS TO KNOW ABOUT T.O.'S ITALIAN MOVIE FEST

The 2015 Italian Contemporary Film Festival kicks off this Thursday in Toronto. The nine-day event showcases young filmmakers, actors and producers with an Italian background. Here are five things to know about the festival:

GILBERT NGABO/METRO

1 Exclusive Parties

Like any film festival worth its salt, the ICFF features Italian film buffs and fashionistas rocking the red carpet. The opening party will take place at the Roy Thompson Hall June 11, while the closing ceremonies are at the Ritz Carlton Hotel June 19.


FRANK D'ANGELO FILM
FRANKD'ANGELO MICHAELPARÉ PETERCOYOTE ROBERTLOGGI
PAULSORVINO DORISROBERTS MICHAELMADSEN DANIELBALDWI
ERICROBERTS MARGOTKIDDER TONYNARDI ARTHINDLE
ELLENDUBIN LAURIEFORTIER TONYROSATO MARIADELMAR
NO DEPO$IT
"ANGER AND HATE ARE A TOTAL ECLIPSE OF THE SOUL"

2 Canadian connections

The festival focuses on Italian filmmakers and stars, but some of the featured films have ties to Canada. Frank D'Angelo, director of No Deposit drama, was born in Toronto to Italian parents. The Colossal Failure of Modern Relationship was directed by Italian-Canadian Sergio Navarretta and shot in Ontario. There's also Operation Remembrance: Pizza Petawawa, a special event honouring the Canadian soldiers who died in Italy during the Second World War.

3 Meet and Greet

The ICFF is organized in a way that will allow moviegoers to interact with some of the talent behind the movies, with Q&A discussions scheduled after many screenings. Sabrina Impacciatore? Edoardo Leo or Valentino Picone? They'll all be there, as will Roberto Benigni, above.

4 Six cities

This year's festival takes place simultaneously in six cities across Canada. From June 11 to 19, films on the lineup will be playing at selected theatres in Toronto, Montreal, Quebec City, Hamilton, Mississauga and Vaughan. Here in Toronto, films will be showing at the TIFF Bell Lightbox.

5 Industry Day

The ICFF Industry Day takes place June 18 at Pinewood Studios. The event will bring together some of the most prolific names in Italian and Canadian animation and film to discuss new animation technology and the growing trend of 3D movies.

IN BRIEF

Student in hospital after fight at high school

Police say a student is in hospital with non-life-threatening injuries after a fight at a GTA high school.

It's alleged the fight took place Tuesday morning at Father Leo J. Austin Secondary School in Whitby and involved a 14-year-old and a 15-year-old.

The school was temporarily placed in hold-and-secure mode while police investigated.

It wasn't immediately clear whether charges would be laid.

THE CANADIAN PRESS

Toronto performance actor Georgina Beaty performs the role of Kylie Grandview, a porn star in Stitch. CONTRIBUTED

STITCH

Tragic drama now at Aki Studio

Gilbert Ngabo
Metro | Toronto

Stitch is back.

The show that won the Spotlight Award for Performance at the 2011 Summerworks Performance Art Festival will be playing at Daniel Spectrum's Aki Studio between June 3 and 14.

The raw and gripping drama centres on Kylie Grandview, a woman whose life as a porn star is marred by enormous psychological abuse.

The narrative follows her tragic story, from her disfigurement to the loss of her child.

The nucleus of the story is her desperate attempt to redeem herself and be understood.

Stitch was originally written by young Aboriginal playwright Cliff Cardinal.

It was very successful in its early runs, and won the Theatre Passe Muraille's Emerging Artist Award.

"It is a pretty powerful piece of theatre," said Heather Haynes, the show producer. "You'd never guess Cliff was just 22 when he started writing it."

Haynes decided to rework the play before organizing a grand tour across the country.

> **"I think the audience will find it humorous and terrifying all at the same time."**
> Heather Haynes

The script was retooled, and Toronto-based actor Georgina Beaty was brought on for the lead role.

"I think the audience will find it humorous and terrifying all at the same time," Haynes said.

buytopia.ca

SUMMER'S TOP DEALS!

TODAY ONLY!
15% OFF SITE WIDE
WITH PROMOCODE: **SUMMERJUNE10**

3-Day New York Trip
with Transportation & Hotel

STARTING AT $129
REGULAR ~~$280~~

DAD

Available June 12~September 25 2015. See buytopia.ca for full details

PRICE DROP!
All-Inclusive Park Pass to Safari Niagara

$17 was $19
REGULAR ~~$31~~

Auto Detailing

$49
REGULAR ~~$120~~

INCLUDES: full interior detail, shampoo carpets & upholstery, dashboard, center console & exterior windows cleaned, removal of salt stains, trim panels, cleaned and dressed, exterior wash, rims power washed & tires dressed

DAD

2 Locations!

Laser Hair Removal
8 treatments for 1 Year

$119
REGULAR ~~$4000~~

Drive a Ferrari or Lamborghini on a closed track!

STARTING AT $109
REGULAR ~~$249~~

DAD

2 Tickets to Taste of Toronto
July 2-5 2015 | Fort York

STARTING AT $27
REGULAR ~~$38~~

DAD

1hr Swedish Massage
OR $29 for 2

$19
REGULAR ~~$60~~

Full Window Tinting
Choose from 3 Tint Shades!

$139
REGULAR ~~$229~~

DAD

2 Tickets to SHRINE CIRCUS
all new 2015!

$30
REGULAR ~~$60~~

Celebrating 251 Years of the Zerbini Family Circus

DAD

Prices DO NOT reflect 15% OFF promo discount. Go to BUYTOPIA.CA to get your discount TODAY!

These deals must be purchased by Sunday June 14th at www.buytopia.ca

416.479.9590
183 Bathurst St Suite 302 Toronto ON M5T2R7 TICO# 50021114

20 YEARS IN CANADA
20 DAYS OF DEALS
JUNE 11 - JUNE 30
SALE
We want to CELEBRATE by offering you a new deal every day on airfares, cruises, tours & more!
Conditions apply.
LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free!
FLIGHT CENTRE The Airfare Experts
flightcentre.ca
More great deals online!
1 866 485 7097
Over 1000 Airfare Experts across Canada.
tico.ca

Police investigate at Union Station on April 28 after Daniel Panacci was dragged by a train. A friend is calling on Metrolinx to install safety barriers at the station. STEVE RUSSELL/TORSTAR NEWS SERVICE

Petition calls for platform gates

SAFETY

Witness to GO Train tragedy looking to make a change

Gilbert Ngabo
Metro | Toronto

Every time Jair Ferreira Jr. heads to the GO Train platforms, he feels unsafe.

The downtown RBC employee can't shake off the untimely death of his co-worker, Daniel Panacci, who was killed April 28 when a departing train caught his backpack and dragged him into the tracks.

"It was a shock to see somebody losing a life in such a tragic way," said Ferreira, who commutes from Georgetown.

Ferreira has launched an online petition calling on Metrolinx, GO Transit and the Ontario government to install platform gates at Union Station. By Tuesday, over 1,500 people had signed on the petition.

He said the platforms are too narrow to accommodate people, especially during rush hour. Passengers do pay attention to their safety, but some things are "beyond our control," he said.

"People can bump into you, people can faint, you can easily end up in the tracks," he said. "They should do something to reduce that possibility."

The special gates would close off the area, giving people access to the platforms only once the train has stopped, he suggested.

In an email to Metro, a Metrolinx spokesperson said they're aware of the petition and are conducting an internal review of the incident as they look to increase passenger safety.

The company has also contracted the American Public Transportation Association to review safety systems at Union Station. Its audit is expected this summer, and will inform any additional measures for safety at the platforms.

The spokesperson did not confirm whether gates could be an option.

K-9 UNIT

Police dog attacks family cat

A Toronto K-9 police dog savaged a neighbourhood pet cat after escaping from its handler Thursday morning.

The attack happened days after the City of Toronto began a crackdown on off-leash dogs.

The K-9 dog was being trained at a vacant school near the Dufferin Street and Dundas Street West intersection, when it broke free from its handler and chased after McGuire, the pet cat of local resident Aidan Moreau-MacLeod.

"It's unbelievable. My father came home to find McGuire critically injured," said the 25-year-old Moreau-MacLeod. "The injuries are bad, but, thankfully, not fatal."

The 18-year-old pet cat went into emergency treatment at Yonge-Davenport Pet Hospital around 10 p.m. Thursday and was moved to an animal hospital in Scarborough at 2 p.m. on Sunday.

McGuire was badly injured in an attack by a police dog. TORSTAR NEWS SERVICE

The family is so far out-of-pocket more than $2,000, which the police say they will cover along with any ongoing veterinary bills.

"It's had a huge toll on my whole family, but my main concern is why the police are training dogs in a dense, residential neighbourhood," Moreau-MacLeod said.

"I live near a park, a community centre and a daycare centre. We live right next to a family with two young kids and a good friend of mine nearby has a toddler.

"That's really the problem. The police were incredibly lucky this was a cat and not a small child."

Staff Sgt. James Hung vehemently denied the dog could have attacked a child.

"It's an unfortunate situation," Hung said. "The first characteristic we look for in a dog is that it's sociable with people. Our dogs are trained to apprehend, not to attack.

TORSTAR NEWS SERVICE

Crowdfunding ethnic diversity in the media

MULTICULTURALISM

Editors looking for donations to pay writers

Jessica Smith Cross
Metro | Toronto

A crowdfunding campaign for a blog devoted to "GTA news, multiculti views and extra hot sauce" is nearing its goal.

The Ethnic Aisle launched in Toronto four years ago, producing 16 issues about race and ethnicity in the city. Its latest issue is about the suburbs and includes stories about life in Flemingdon Park, where to get your fix of delicious Hakka Chinese food, and the death of Jermaine Carby in Brampton.

For their last issue, editor-in-chief Denise Balkissoon and publisher Renee Sylvestre-Williams decided to try something new: they paid their contributors, out of their own pockets.

Denise Balkissoon, editor of the Ethnic Aisle, wants to see more diversity in the Canadian media. LIZ BEDDALL/METRO

"The quality went up, because people have more time to dedicate if they're getting paid," said Balkissoon.

Now, they're hoping that Torontonians will decide it's their turn to pay. The editors have set up a campaign on the Patreon platform and are asking for small monthly donations from readers.

> **We need to hear different points of view.**
> Denise Balkissoon, Ethnic Aisle editor

"I think Canada needs more ethnic diversity in the media," said Balkissoon.

In Toronto, and across Canada, almost all of the major columnists are white, and non-white writers can have difficulty pitching stories from a different ethnic viewpoint, she said.

The Patreon campaign is aiming for $500 a month and, as of Tuesday afternoon, it had hit $387. The money will go to paying writers, editors and contributing artists. If the campaign raises $750 a month, Ethnic Aisle will release a print edition, Balkissoon said.

LANDMARK

Captain John's ship may have life left

As she sits tied up at a Port Colborne scrapping yard, Captain John's floating restaurant is yet again drawing a crowd.

A Boston-Miami investor group has offered about $100,000 to save the former Toronto tourist attraction from being cut up into recyclable pieces. And they aren't alone.

"We've heard from a number of people and with some, it seems to be just emotion and not really well thought out," says veteran ship scrapper Wayne Elliott, who oversaw the towing of the ship from Toronto's waterfront last month after years of legal battles over its fate. "Many don't even have a final plan or a final destination for the ship."

But some, like Boston-based John Scales, do. And there's nothing in the contract that Elliott's Marine Recycling Corporation has with Ports Toronto, Waterfront Toronto and condo developer Cityzen — worth an estimated $500,0000 — that says the ship has to be scrapped.

Scales is part of a three-person group of marine enthusiasts that has been trying to buy the Jadran for more than a year now. And now that Elliott's Marine Recycling Corporation has done the heavy lifting — towing Captain John's on May 28 to its Port Colborne scrapyard — Scales' group has upped its price and is more determined than ever to give the ship another life, this time as a restaurant or entertainment venue.

Captain John stands on the bow for the last time. RANDY RISLING/TORSTAR NEWS SERVICE

The group already had three Ontario waterfront communities and about a dozen in the U.S. express interest in making a home for the ship once it's restored, says Scales.

TORSTAR NEWS SERVICE

GARDAWORLD
IS HIRING SECURITY GUARDS!

- Greeters
- Junior event and static guards
- Senior event and static guards
- Event and static supervisors
- High profile event positions

Apply online:
garda.com/gtajobs

Up on the roof, you may find a full-fledged farm

AGRITECTURE

Green roofs provide jobs, community — and food galore

Green roofs are nice, but rooftop farms are better.

They're the future of living architecture, say international green roof advocates who gathered in Toronto last week.

Traditional green roofs reduce energy consumption by keeping buildings cooler in the summer and warmer in the winter, and they also absorb rainwater instead of sending it into storm sewers. For this alone, they have become official policy in Toronto.

But rooftop agriculture — or agritecture — does all this while also providing jobs, generating electricity, training youth and, of course, growing food.

"Toronto is a leader in North America for green infrastructure — not only green roofs, but community gardens. This is about putting those two ideas together," said Steven Peck, president of Green Roofs for Healthy Cities, which hosted the two-day Grey to Green conference.

"We have a handful of agricultural green roofs and all of them are community projects," such as Eastdale Collegiate, Ryerson's engineering building and the Carrot Common," said Peck. "But we don't have any commercial-scale agriculture on roofs — that's the next thing."

Arlene Throness, urban agricultural co-ordinator at Ryerson University, walks between rows of garlic on the roof at the George Vari Engineering and Computing Centre. TORSTAR NEWS SERVICE

Last month, Toronto was recognized as North America's second best city for building green roofs, with only Washington, D.C., building faster.

Thanks to the green roof bylaw passed in 2009, all new buildings over six storeys tall and with more than 2,000 square metres of floor space must have at least 20 per cent green roof.

But because planners envisioned using perennial plants, certain regulations discourage seasonal crops, said Arlene Throness, who designed and operates the 929-square-metre farm on the roof of Ryerson University's George Vari Engineering and Computing Centre.

The city bylaw requires green roofs to be 80 per cent covered three years after planting. If you're harvesting crops every season, the green roof is periodically naked while the new crops grow, and this breaks the law, Throness explained.

"I think the fear was that edible plants would take too much labour and water," and the city wanted to give developers a low-maintenance solution for building green roofs, Throness said. "But we've been monitoring our water use and don't require any more."

Radishes growing on the roof. TORSTAR NEWS SERVICE

Last summer the roof hosted a five-crop rotational farm that produced more than two tonnes of vegetables, she said. "We've found that we can grow everything here."

The harvest is split between campus kitchens and the Gould St. farmers' market.

Ontario imports billions of dollars' worth of produce from California each year, and this supply is threatened due to the state's prolonged drought, said Throness. Rooftop agriculture adds local food security to the environmental benefits of green roofs.

For Peck, while rooftop farms aren't appropriate everywhere — older buildings often can't handle the extra weight — they're an essential part of the future of the city.

"There are still hundreds of millions of square feet of roofs in Toronto that could still be greened," Peck said. "We invest billions and billions of dollars on grey infrastructure. It would pay great dividends to devote a small part of that to green infrastructure."

TORSTAR NEWS SERVICE

BY THE NUMBERS

72,020: Square metres of green roofs built in Toronto in 2014.
232,000: Square metres of green roofs already in existence.
4,984 hectares: Total land area available for green roofs in the City of Toronto.
20%: Minimum area that must be covered by green roof on new buildings.
2 tonnes: Amount of produce last summer from a 929-square-metre farm on the roof of the George Vari Engineering and Computing Centre at Ryerson University.

ENVIRONMENT

Pesticide rules aim to aid bees

Ontario is introducing new regulations to dramatically reduce the number of acres planted with corn and soybean seeds coated with a relatively new class of pesticides known as neonicotinoids, which are highly toxic to bees.

Neonicotinoids are nicotine-based insecticides that contain neurotoxins which make all parts of the plant harmful to insects feeding on them, don't break down quickly in soil, and can be transported by runoff from fields to rivers and lakes.

Most of the food we eat and Ontario's natural habitats depend on a healthy pollinator population, and reducing the use of neonicotinoids will help protect bee colonies, said Environment Minister Glen Murray.

Virtually 100 per cent of corn seeds and about 60 per cent of soybean seeds planted in Ontario are treated with neonicotinoids, figures the province wants to reduce by 80 per cent in just two years.

For the 2016 planting season, farmers will be able to use the pesticide-treated seeds on up to 50 per cent of their corn and soybean crops, but must prove they have a pest problem before using any additional neonicotinoids.

Starting in the 2017 planting season, farmers must complete a pest assessment report to prove they need the neonicotinoids before any neonic use will be allowed.

Over the last eight years, Ontario beekeepers experienced unusually high losses over the winter months, reaching 58 per cent in 2013-14. The government hopes its regulatory changes will lower over-winter losses to about 15 per cent, a level considered acceptable and sustainable by the bee industry.

TORSTAR NEWS SERVICES

Toronto has about 43,000 acres of ravines. LIZ BEDALL/METRO

DEVELOPMENT

City drafting plan to keep ravines pristine

Gilbert Ngabo
Metro | Toronto

As development continues to encroach on the city's ravine system, Toronto is examining ways to safeguard and improve its ravines.

The office of parks and recreation is working on a comprehensive strategy to better manage about 43,000 acres of ravines across the city.

"There's continued intensification of the city and that puts pressure on our ravines," said Garth Armour, a manager at the Parks, Forestry and Recreation office. "Having the strategy in place will help define what our ravines will be in 50 or 100 years time."

The city recently launched an online survey inviting the public to contribute ideas on ravine safety. The survey, open until June 24, is one of many ways to consult with stakeholders in the process of developing the strategy, Armour said.

It's also important to consider the opinions of those who use the ravines for recreational and relaxation, Armour said.

> **People are very emotionally attached to these lands.**
> Garth Armour

"People are very emotionally attached to these lands," he said. "They reflect the high quality of life that we enjoy in Toronto, and we have to protect them properly."

With space at a premium in Toronto, more and more infrastructure projects are butting up against ravines, Armour said, making it challenging to maintain the balance between nature and development.

"It really comes down to ensuring that those ravines in good shape don't get damaged, and those that are damaged get properly repaired," he said.

The final draft of the ravine strategy is expected to be ready at the end of this year.

KIA

SCORE A WINNING PRICE

@KIA.CA

0% FOR UP TO 60 MONTHS[¤]

PLUS

UP TO $4,000 BONUS CASH[¤]

*On select models. Financing offers only.

PLUS DON'T PAY FOR 90 DAYS[§]

On 2015 Forte and Sportage models only.[§]

OFFER ENDS JUNE 30TH

Forte SX AT shown[‡]
Cash purchase price $28,364

HWY / CITY 100KM^: 6.1L/8.8L

2015 FORTE LX+ AT

0% APR FOR 60 MONTHS[¤] PLUS $4,000 BONUS CASH[¤]

PLUS DON'T PAY FOR 90 DAYS[§]

INCLUDES:

- AT6 — 6-SPEED AUTOMATIC
- 16" ALLOY WHEELS
- HEATED FRONT SEATS
- AIR CONDITIONING

Offer based on new 2015 Forte LX+ AT (FO743F) with a selling price of $21,764.[¤] Excludes HST.

2015 IIHS TOP SAFETY PICK

THE ALL-NEW 2016 SORENTO LX 2.4L FWD

That's like paying only $76 WEEKLY[Ω]

INCLUDES $1,000 CASH BONUS[Δ]

Sorento SX Turbo AWD[‡]
Cash purchase price $43,944

HWY / CITY 100KM^: 9.3L/12.3L

LEASE FROM $328[Ω] MONTHLY AT 1.9% APR FOR 36 MONTHS WITH $1,050 DOWN[˜]

Offer includes a $1,000 Cash Bonus.[Δ] Offer based on new 2016 Sorento LX 2.4L FWD (SR75AG) with a selling price of $29,344.[˜] Excludes HST.

2015 IIHS TOP SAFETY PICK

2015 OPTIMA

CASH PURCHASE PRICE FROM $21,999**

Optima SX Turbo shown[‡]
Cash purchase price $36,564

HWY / CITY 100KM^: 5.7L/8.9L

INCLUDES A CASH CREDIT OF $4,465**

Offer includes delivery, destination, fees and $4,465 in cash credit. Offer based on new 2015 Optima LX AT FWD (OP742F) with a selling price of $26,464.** Excludes HST.

THIS MONTH ONLY! UP TO $1,000 CASH BONUS[Δ] ON SELECT 2016 SORENTO & 2015 SOUL MODELS[Δ]

2015 RIO CLEAROUT!

Rio4 SX with Navigation shown[‡]
Cash purchase price $24,064
HWY / CITY 100KM^: 6.3L/8.8L

UP TO $3,000 IN CASH SAVINGS**

Offer includes delivery, destination, fees and $3,000 in cash credit. Offer based on new 2015 Rio LX+ AT (RO743F) with a selling price of $18,664.** Excludes HST.

KIA Finance | 5 WE'VE GOT YOU COVERED *5-year/100,000 km worry-free comprehensive warranty. | KIA Official Partner

Kia's new Customer Friendly Pricing includes delivery and destination fees and all mandatory government levies. Prices do not include fuel-fill charges up to $100, dealer administration fees up to $399, licensing or applicable taxes.

See kia.ca for more

KIA The Power to Surprise

Offer(s) available on select new 2015/2016 models through participating dealers to qualified retail customers who take delivery from June 2 to 30, 2015. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing includes delivery and destination fees up to $1,715, $5 OMVIC fee, $29 tire tax, environmental fee, and $100 A/C charge (where applicable). Excludes other taxes, licensing, registration, insurance, variable dealer administration fee, fuel-fill charges up to $100, and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. [¤]Bonus Cash amounts are offered on select 2015 models and are deducted from the negotiated purchase/lease price before taxes. Certain conditions apply. See your dealer for complete details. [§]"Don't Pay for 90 days" on select models (90-day payment deferral) applies to purchase financing offers on all new 2015 Forte and Sportage models on approved credit (OAC). No interest will accrue during the first 60 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest monthly over the term of the contract. Offer ends June 30, 2015. **"Representative Financing Example**: Financing offer available on approved credit (OAC), on new 2015 Forte LX+ AT (FO743F) with a selling price of $21,764 is based on monthly payments of $296, and includes delivery and destination fees of $1,535, $5 OMVIC fee, $29 tire tax and A/C charge ($100, where applicable) for 60 months at 0% with a $0 down payment/equivalent trade, $0 security deposit and first monthly payment due at lease inception. Offer also includes $4,000 Bonus Cash.[¤] Other taxes, registration, insurance and licensing fees are excluded. Offer ends June 30, 2015. **"Representative Leasing Example**: Lease offer available on approved credit (OAC), on new 2016 Sorento LX 2.4L FWD (SR75AG) with a selling price of $29,344 is based on monthly payments of $328, and includes delivery and destination fees of $1,715, $5 OMVIC fee, $29 tire tax and A/C charge ($100, where applicable) for 36 months at 1.9% with a $1,050 down payment/equivalent trade, $0 security deposit and first monthly payment due at lease inception. Offer also includes a $1,000 cash bonus.[Δ] Total lease obligation is $11,815 with the option to purchase at the end of the term for $16,707. Lease has 16,000 km/yr allowance (other packages available and $0.12/km for excess kilometres). Other taxes, registration, insurance and licensing fees are excluded. Offer ends June 30, 2015. [Δ]Cash bonus amounts are offered on select 2015/2016 models and are deducted from the negotiated purchase/lease price before taxes. Certain conditions apply. See your dealer for complete details . [Ω]Lease payments must be made on a monthly or bi-weekly basis but cannot be made on a weekly basis. Weekly lease payments are for advertising purposes only. [˜]Cash savings (cash credit) for 2015 Optima LX AT FWD (OP742F)/2015 Rio LX+ AT (RO743F) are $4,465/$3,000 and available on cash purchase offers only. Cash savings vary by model/trim and are deducted from the negotiated selling price before taxes. Cash purchase price for the new 2015 Optima LX AT FWD (OP742F)/2015 Rio LX+ AT (RO743F) is $21,999/$15,644 and includes delivery and destination fees of $1,535, $5 OMVIC fee, $29 tire tax, A/C charge ($100, where applicable) and a cash credit of $4,465/$3,000. Dealer may sell for less. Other taxes, registration, insurance and licensing fees are excluded. Offer ends June 30, 2015. [‡]Model shown Manufacturer Suggested Retail Price for 2015 Forte SX (FO748F)/2015 Rio4 SX with Navigation (RO749F)/2015 Optima SX Turbo AT (OP748F)/2016 Sorento SX Turbo AWD (SR75IG) is $26,695/$22,395/$34,895/$42,095. ^ Highway/city fuel consumption is based on the 2015 Rio LX+ ECO AT/2015 Forte 1.8L MPI 4-cyl AT/2015 Optima 2.4L GDI AT/2016 Sorento SX 2.0L Turbo AWD. These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. The All-New 2016 Sorento/2015 Optima awarded the 2015 Top Safety Pick by the Insurance Institute for Highway Safety (IIHS) for model year 2016/2015. U.S. model tested. Visit www.iihs.org for full details. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.

Nay, nay, nay for the expressway

On the eve of city council's vote on the Gardiner Expressway, Metro asked leading experts, planners and urbanists around the world what Toronto should do with the crumbling highway. We even asked Mayor John Tory (sort of). **LUKE SIMCOE** METRO

CRUNCH TIME FOR GARDINER

TWITTER

Tear it down

"You can put us squarely in the tear down camp. It's time to reclaim the physical landscape of the city and connect it with people and businesses, as opposed to what the freeway does, which is move people through the city really quickly."

— Robert Puentes, director of the metropolitan infrastructure initiative at the Brookings Institution in Washington, D.C.

CONGRESS FOR NEW URBANISM

Regret? Nope

"I don't know anyone who has regretted taking down a highway. Whether it's San Francisco, Milwaukee or Seoul, all of them point to an economic benefit for the area surrounding the project. And the value of property adjacent to the right of way increases tremendously."

— Elizabeth Plater-Zyberk, a Miami-based architect and founder of the New Urbanism movement

TORSTAR NEWS SERVICE

CONTRIBUTED

Logical step

"Toronto has established itself as an international leader in landscape architecture-led development, and the next logical step in its progression is the removal of the Gardiner Expressway East. Successful urban planning relies on a continuity and contiguity of civic design. The currently daunting and nearly impenetrable edifice could be replaced with a porous and inviting, tree-lined boulevard that creates a visual and physical freedom that would reunite the city with its celebrated waterfront."

— Charles Birnbaum, president and CEO of the Cultural Landscape Foundation

Ugly obstacle

"It's so obvious that the ugly obstacle between the city and the lake should have gone down many, many years before, because it is obsolete. It is anachronistic, and in modern city planning we would never have voted for such an elevated highway in that position, between a famous city and a famous lake."

— Jan Gehl, Danish architect and author of Public Spaces, Public Life

WIKIMEDIA COMMONS

WIKIMEDIA COMMONS

Or you could copy Detroit

"Toronto, it's your choice. I recommend you remove the Gardiner and replace it with a multi-way boulevard that will allow the people who live in Toronto's neighborhoods and downtown to better connect to the beautiful shore of Lake Ontario. Or you can copy Detroit and simply be a city people can drive through at great speed."

— John Norquist, former mayor of Milwaukee and former president of the Congress for New Urbanism

"As we speak, the smartest global cities are designing for people, not cars.... The Gardiner decision will be the moment Toronto decides if they are a city of this century, or a city of the last one.

Brent Toderian, former chief planner for the City of Vancouver and president of the Council for Canadian Urbanism

CONTRIBUTED

An honest look

"If we're thinking ahead — I have two grandchildren now — if I'm thinking ahead to their life in the city ... then wouldn't you take an honest look at tearing it down, burying it or whatever? ... It will make this a much greater city and is going to allow transportation generally to be improved."

— John Tory, speaking about the Gardiner Expressway in Toronto on Jan. 21, 2013.

Past relic

"It's time to remove the relic of the past and build our city for the future. Not removing the Gardiner East will make Toronto the laughing stock of great global cities."

— Richard Florida, director of cities at the Martin Prosperity Institute and founder of the Creative Class Group

TORSTAR NEWS SERVICE

CITY HALL

Wild card councillors keeping votes close to their chests

The fate of the eastern section of the Gardiner Expressway rests with a handful of councillors whose unpredictability has often made those shoulders unreliable.

Some call them wild cards. Others say a few councillors are purposely keeping their views quiet until the final hour.

Either way, those who have declared a position — to either tear the Gardiner down and put a boulevard in its place or build the so-called "hybrid option" — are heading into the vote evenly split.

"I'm trying to step back from the doomsday scenarios on both sides and say, 'We live in the best city in the world, and which option is going to make it even better?' I don't know yet.

Coun. Glenn DeBaeremaeker

That reality has meant that lobbying between offices and from outside groups has reached a crescendo this week — signaling how close the vote could be.

On Monday alone, Mayor John Tory used a speech to warn councillors of the dire consequences for Toronto if they don't vote with him for the hybrid option that would keep the elevated expressway connection to the Don Valley Parkway. His push was buttressed by an open letter from like-minded city councillors and businesses.

On the other side, also on Monday, Toronto's three living former chief planners released a letter strongly urging councillors to vote to tear down the east Gardiner and replace it with an eight-lane boulevard that would connect to the DVP.

The pressure continued Tuesday with an open letter from 80 prominent people, including former mayor David Crombie and two other erstwhile Tory supporters who helped change the mayor's mind on carding, urging councillors to vote for the boulevard option.

Coun. Glenn De Baeremaeker (Ward 38, Scarborough Centre) said Tuesday he has received hundreds of emails from residents across the city urging him to pick one of the two options presented without recommendation in a city staff report that council will debate Wednesday.

"I'm trying to step back from the doomsday scenarios on both sides and say, 'We live in the best city in the world, and which option is going to make it even better?' I don't know yet," he said.

TORSTAR NEWS SERVICE

Resort to extreme couponing.

Or save savvier.

Earn **double interest at 2.10%*** for six months when you become a new Tangerine Client and open your first Savings Account. Plus get up to **$50*** in Bonuses.

It's that simple.

Tangerine.ca

Tangerine
Forward Banking

Stuff the Tangerine™ lawyers make us say: The 'Tangerine' trademarks are owned by The Bank of Nova Scotia and used under licence. Forward Banking is a registered trademark of Tangerine Bank.
* To qualify for the Bonuses available under the Tangerine New Client Double Interest Offer and the Tangerine $50 Offer, new Clients must meet the Offer requirements as set out at Tangerine.ca/interestoffer.

Get those kids outside to take some risks, parents are told

HEALTH

Only 9 per cent meet daily needs, earning a D- grade

Canadian children are woefully inactive and should be encouraged to play in natural settings and take risks, according to an annual report released Tuesday.

The Report Card on Physical Activity for Children and Youth says parents who are overprotective of their child's play, or keep them indoors because it's perceived to be safer, are actually hurting their child's long-term health.

"Get kids outside," says Dr. Mark Tremblay, chief scientific officer of the report and director of the Healthy Active Living and Obesity Research Group at the Children's Hospital of Eastern Ontario (HALO-CHEO).

"They will be more active as a result and less sedentary … And, a higher danger lurks on the Internet, indoors."

Among the grades in the report card was a D- for overall physical activity, in part because just nine per cent of 5- to 17-year-olds meet daily recommendations of at least one hour of moderate-to-vigorous physical activity. The grade remains unchanged for three years in a row. By comparison, 70 per cent of three- and four-year-olds get the recommended 180 minutes a day of activity.

The report card, titled The Biggest Risk is Keeping Kids Indoors, is based on data from various sources, including peer-reviewed research. For the first time in 11 years, the report includes a position statement developed by HALO-CHEO and 12 other organizations, which promotes active outdoor play. It also contains recommendations aimed at, for instance, parents, educators, health professionals, municipalities, even attorneys general.

Toronto mom Jaimie Cowles, whose children spend as much time playing outdoors as possible, needs no convincing of its benefits. While at the park, she doesn't really supervise her kids, Hanna, 7, and Ben, 5. Instead, she lets them explore and play on their own, which builds social skills and self-assurance.

"It's allowed them to take small risks that will give them the tools they need to take bigger risks later," says Cowles. "They can assess what's going to be 'dangerous' — obviously, we're not exposing them to actual danger but what they perceive to be dangerous."

Tremblay says parents who over-supervise their children are minimizing their child's resiliency, decision-making capabilities and executive functioning.

"These are, of course, the features that we want our kids to develop. And in order for them to develop, you've got to allow them to take some risks. "

Sure, your kid may come home with a scraped knee, he says, adding serious injuries happen periodically and catastrophic injuries occur very rarely. But that's no justification for over-supervising kids or prohibiting active outdoor play because the long-term consequences of sedentary behaviour are a variety of mental and physical health issues, including the development of heart disease, obesity and Type 2 Diabetes.

"Sanitizing and bubble-wrapping the entire population to prevent what, in many cases is the unpreventable, is sacrificing the whole population," he says. "Mental and emotional health issues are on the rise like crazy now because kids have no ability to deal with things. We've never given them a chance ."

Tremblay, 54, would like to see a shift away from so-called helicopter-parenting, to the kind of parenting he and many adults grew up with, which some refer to as free-range parenting. His childhood was filled with long days spent discovering the outdoors with other kids, climbing trees, biking on hills and building forts.

TORSTAR NEWS SERVICE

Jaimie Cowles hugs her children Hanna, 7, and Ben, 5, on Monday at June Rowlands Park. TORSTAR NEWS SERVICE

REPORT CARD

D- Overall physical activity: Nine per cent of 5- to 17-year-olds meet daily recommendations of at least an hour of moderate-to-vigorous activity.

D Active transportation: Twenty-five per cent of 5- to 17-year-olds get to and from school through means such as walking, biking or rollerblading.

B- Organized sport and physical activity participation: According to parents, 75 per cent of 5- to 19-year-olds take part in organized sports and physical activities.

D- Sedentary behaviours: Twenty-four per cent of 5- to 17-year-olds meet the recommended daily screen time (computers, television, etc.) of less than two hours a day.

C+ Physical education and activities in school: Seventy-seven per cent of parents of children say their kid's school offers physical activity programs in addition to gym class. Just 53 per cent say their kids participate in them.

SOURCE: THE PARTICIPACTION REPORT CARD ON PHYSICAL ACTIVITY FOR CHILDREN AND YOUTH

1 in 14 million

The odds of stranger abduction, based on RCMP data.

THE PLAN WHAT CAN WE DO?

Parents: Encourage outdoor play and support your children in taking risks, so that they have more fun and learn to assess risk.

Educators and caregivers: Use the outdoors, despite weather conditions, for opportunities in learning, socialization and physical activity.

Health professionals: Promote play in nature and suggest outdoor places, such as parks, to parents and children.

Schools, municipalities: Review policies, bylaws that hinder active outdoor play.

Attorneys general: Set reasonable liability limits for municipalities.

Municipal and provincial governments: Protect public entities from frivolous lawsuits related to minor injuries from play.

Media: Offer balanced reporting. Recognize that stories about predators and dangers increase people's fears.

Hanna and Ben get active. TORSTAR NEWS SERVICE

Limited time. Amazing offer.

Get the Rogers Internet 30 + Basic TV Bundle now.

$62.97/mo.*

for the first 3 months on a 2-yr. term*

$105.47/mo. thereafter

Includes:

- 100 GB/mo.
- Wi-Fi modem rental
- Discounted Nextbox™ 3.0 HD PVR rental[1]
- 24/7 Rogers TechXpert™ Whole Home Support

Call 1 844 355-2702 today to get this limited time offer.

ROGERS™

Offer available until June 30, 2015 within Rogers cable service area (where technology permits) in Ontario only and subject to change without notice. *Taxes extra. A one-time activation fee of $14.95 applies. Two-year term required. An Early Cancellation Fee (ECF) of up to $200 applies if your Internet service is cancelled prior to the end of the term. Data usage subject to Rogers Terms of Service and Acceptable Use Policy. See rogers.com/terms for full details. **1** Ongoing discount of $7.45/mo. during the term. Rogers & Design and related brand names and logos are trademarks of Rogers Communications Inc. or an affiliate used under license. © 2015.

Hooked on poolside angling

GONE FISHIN' PROGRAM

City children can experience dropping a line in local setting

Deborah Hernandez
For Metro | Toronto

Keilee Tseng, 8, seems distracted while fishing for rainbow trout in the Scadding Court Community Centre pool at last year's Gone Fishin' event. Right: Matthew Woo, 12, tries his hand at fishing at the same event. JOEL EASTWOOD/TORSTAR NEWS SERVICE

Swimming with the fishes takes on a whole new meaning at one Toronto swimming pool that's transforming into a local fishing hot spot.

Every year for a week, thousands of people flock to the indoor pool at Scadding Court Community Centre at Dundas and Bathurst after it gets filled with 1,500 rainbow trout.

The special program — called Gone Fishin' — is the brainchild of the centre's executive director, Kevin Lee. He came up with the idea of turning the pool into a fishing hole over a decade ago.

This year's event starts Saturday.

"A lot of children in the inner city don't have (families with) a car, so they can't drive up to a river or cottage and fish," Lee said.

The rainbow trout are delivered from a fish farm in Hillsburgh, an hour northwest of Toronto.

Craig Tsuji, the principal of two schools nearby that participate in the program, said it brings the wilderness to the inner city and gives young fishers the experience of not only catching a fish, but bringing the catch home and cooking it with their families for dinner.

Tsuji says among his students, there are about 60 to 80 different languages spoken at home; many families come from places where they wouldn't get a chance to catch a fish.

"They learn about the habitat and the ecosystem," Tsuji said. "Kids learn better when the experience is real, relevant and tangible."

> **These kids have never fished before, and you should see the look on their faces when they catch their first fish.**
> Douglas Hodge, Gone Fishin' program volunteer

Lee said he hopes to expand the program to Toronto's outdoor pools, which he believes are under-utilized because they're only open during the summer.

"There are a lot of possibilities if we open our minds to the assets we have," he said.

TRANSIT

Province chooses builders

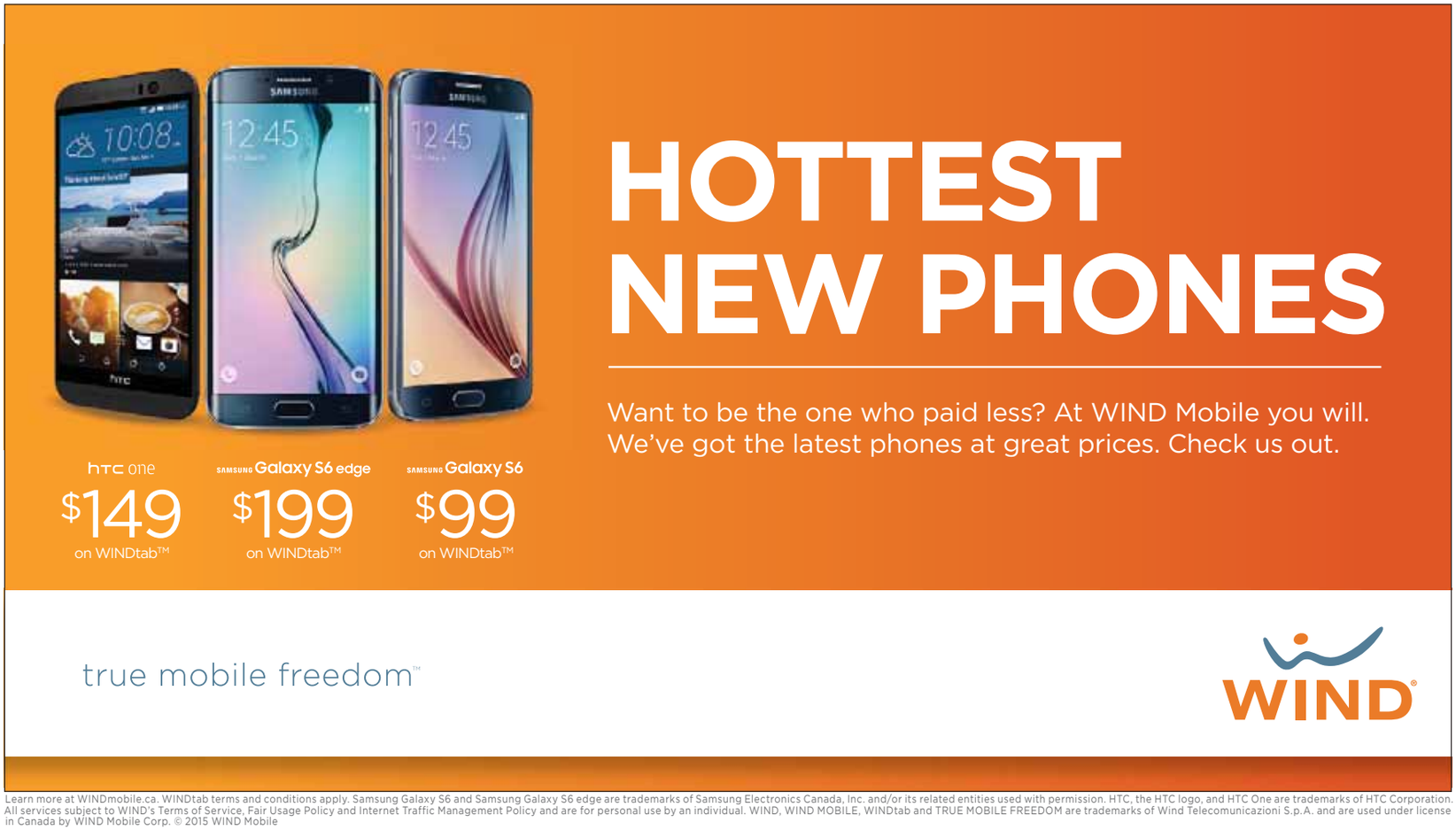
The Ontario government has confirmed the selection of an SNC-Lavalin and Aecon consortium to build Toronto's Eglinton Crosstown light-rail transit project, estimated to be worth about $5 billion.

The Crosslinx Transit Solutions group, which comprises SNC-Lavalin, ACS Infrastructure Canada Inc., EllisDon and Aecon, was the winning bidder to design, finance, build and maintain the 19-kilometre transit line that would include 25 stations and stops.

The Eglinton Crosstown LRT is part of Metrolinx's regional transportation plan designed to reduce congestion.

It would run along Eglinton Avenue, with about half the distance running underground, and would link to bus routes, three subway stations and various GO Transit lines.

The contract is expected to be signed this summer, with construction starting early next year and completed in late 2020. THE CANADIAN PRESS


HOTTEST
NEW PHONES
Want to be the one who paid less? At WIND Mobile you will.
We've got the latest phones at great prices. Check us out.
htc one
$149
on WINDtab™
SAMSUNG Galaxy S6 edge
$199
on WINDtab™
SAMSUNG Galaxy S6
$99
on WINDtab™
true mobile freedom™
WIND
Learn more at WINDmobile.ca. WINDtab terms and conditions apply. Samsung Galaxy S6 and Samsung Galaxy S6 edge are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. HTC, the HTC logo, and HTC One are trademarks of HTC Corporation. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. WIND, WIND MOBILE, WINDtab and TRUE MOBILE FREEDOM are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by WIND Mobile Corp. © 2015 WIND Mobile

ONE DAY WITH THIS MAN COULD MAKE YOU RICH!

He has already shown thousands of men and women how to "bootstrap" themselves into their own real estate business… and pull in as much as $1,000 to $10,000 net profit in thirty short days, *without even risking their present jobs!*

And he's willing to prove this to you ... June 11-15 *... without you risking a single penny!*

Here's How:

This is your personal invitation to our "WEALTH IN US REAL ESTATE" training! It is given by Canada's most successful "Start-from-Nothing-Multi-Millionaire" … Marco Kozlowski, who started a business for himself with a few hundred dollars – and an idea – to support his 4 kids. And who, today, devotes all of his time and energy to "pay it forward" by training new millionaires!

And the most important fact of all… Marco made his fortune almost completely by investing in US real estate, often using other people's effort and money, and in less than a few years from the time he was working as a struggling musician.

Let me repeat that fact again: Just a few golden secrets - secrets you are going to learn in the Toronto area on June 11-15 have netted this man millions.

Is this FREE training for you?

If you are on salary, working for a living, and want to be your own boss… If you want to make additional income in your spare time … if you own your business and want to make more money on the side… then this 3-hour training event can be the most profitable… as well as exciting… time you have ever spent in your life.

Here are only a few of the money making secrets Marco Kozlowski gives you in this unique WEALTH IN US REAL ESTATE training:

If you'd like to become a top real estate investor with as little as $100 spare cash, Marco system will show you --

- **How to make $5,000 - $10,000 in the next 90 days.**
- **How to buy & sell US real estate using the Internet.**
- **How to have other people find you HOT DEALS!**
- **How to sell US properties lighting fast when no one else can.**
- **How to access up to 80% in funding for your income property EVEN if you are deep in debt. And...**
- **How to earn big checks even if you never sell your US investment!**

This event deserves your attention, and here are just a few more reasons why you need to come to this event:

- Falling oil demand is leading to falling housing prices across Canada. It's a very rough time, and you need to take control of your life NOW.
- Sometimes it isn't what you know, it's who you know – and when you know this Multi-Millionaire you'll also have access to his network of people that can help you succeed in real estate.
- You care about your family, and you want the best for them. This event will open your eyes to all you can really do for the people you love when you are finally the master of your financial success.
- This Multi-Millionaire's strategies are for everyone, even if you have absolutely no experience in buying or selling properties.

ACT NOW! RESERVE YOUR PLACE TODAY!

Remember... To make big money you need no special training, higher education or unusual abilities. All you need are the proven, practical money-making techniques and formulas you will learn at Marco's training.

Since **WEALTH IN US REAL ESTATE** will be limited to a certain number of people and no more, please do the following to assure yourself of a reservation:

1. **Call (855)443-0294 or register online at www.RealEstateWealthLive.ca**
2. **Clear your schedule and make sure you're at Marco's training**

Do it NOW... and start yourself on the road to financial independence FREE!

Register today for WEALTH IN US REAL ESTATE and we will send you ABSOLUTELY FREE Marco's new 10 MYTHS OF INVESTING IN US REAL ESTATE report!

Marco Kozlowski's trainings have literally changed the lives of hundreds of people. Here are just a few of the many letters he receives each week, attesting to the benefits people receive from his work.

Comments About Previous Seminars

"I will make more money this year than I have made over the last five years. After attending this free training, I've found 7 properties thats a total of 14 doors that will give me $8,000 per month after expenses." — Dianan D., Ottawa, ON

"I failed at Real Estate by myself, but with this amazing multi-millionaire's help I'm closing on 6 properties and I will have a net cash flow of over $6,000 per month." — Steeve R., Markham, QC

"I was afraid to make offers or even talk to people about Real Estate, but Marco made me feel so brave and I did it!, I bought my first house for $170,000 and now it's up for sale for over $220,000. I will make almost $50,000 when it closess." — Lana, Montreal, QC

"He is the real deal!" — Stephen. Brampton, ON

"These guys are deal-oriented!" — Cliff, Toronto

You're asking – who is this Mystery Millionaire, and why does he want to help me? He can tell you himself…

If you're working hard these days without enough to show for it, I understand. I used to work hard myself – the 18-hour days – the 7-day weeks. I was a struggling musician – a concert pianist -- trying to provide for my 4 kids. I got married at 18 and had those 4 kids by the time I was 23, and I wound up a stay-at-home dad (not by choice!). But I never made big money until I discovered the secrets of investing successfully in US real estate – and then I was able to work a lot less.

Once my friends saw how well I was doing, they all wanted to get involved. It's funny – for 6 long struggling years, I had no friends, I was the crazy "black sheep" of the family who always needed to get a REAL job, and suddenly, they were all asking ME for advice!

I'm a national expert in the field of income-generating properties in the United States, and a Multi-Millionaire as well – and now I want to help the people in Toronto rise above the real estate bust and stop thinking of themselves as "black sheep!"

MIDTOWN
THURSDAY, JUNE 11 at 12pm or 7pm
Westin Price
900 York Mills Road, Toronto, ON M3B 3H2

MISSISSAUGA
FRIDAY, JUNE 12 at 12pm or 7pm
Hilton Mississuga/Meadowvale
6750 Mississauga Road, Mississauga

AIRPORT
SATURDAY, JUNE 13 at 10am or 3pm
Hilton Airport Hotel
5875 Airport Road, Mississauga

MARKHAM
SUNDAY, JUNE14 at 10am or 3pm
Hilton Toronto/Markham Suites Conference Centre
8500 Warden Avenue, Markham

DOWNTOWN
MONDAY JUNE 15 at 12pm or 7pm
Radisson Harbourfront
249 Queen's Quay West, Toronto

Register by calling (855)443-0294
www.RealEstateWealthLive.ca

© 2015 At Will Events. All Rights Reserved. No properties will be offered at seminar. Seminar is for education purposes only.

Edmonton mourns

SHOOTING

Police officer killed during hate-crimes investigation

Ryan Tumilty
Metro | Edmonton

When Edmonton police attempted to enter Norman Walter Raddatz's house on Monday night, they were answered with a torrent of gunfire that struck two officers and claimed the life of Const. Daniel Woodall.

Edmonton Police Chief Rod Knecht released new details Tuesday on the hate-crimes investigation that eventually led to Woodall's death.

"The case that led to last night's events was a lengthy hate-crimes file with evidence dating back to February 2014," Knecht said.

Eight officers arrived to arrest Raddatz, 42, on Monday evening on a charge of criminal harassment, Knecht said.

After attempting to breach the door, gunshots ensued and Woodall was hit and killed, Knecht said. Sgt. Jason Harley was injured but has since been released from hospital.

An Edmonton police officer is overcome with emotion at the scene of a shooting Monday evening that claimed the life of Const. Daniel Woodall. BRIAN TRUSCOTT/FOR METRO IN EDMONTON

Knecht said that when the shooting began, officers were pinned down by gunfire for at least 10 minutes, unable to move or return fire as bullets streamed from the house.

After the shootout, Raddatz's house caught fire and ultimately burned to the ground, but police aren't sure how it began.

Knecht confirmed that police believe a body they recovered from Raddatz's burnt-out house is his. However, Knecht said police are waiting for an autopsy to confirm the cause of death.

Condolences for the fallen officer poured in from across the city and country.

Mayor Don Iveson spoke Tuesday and said it was a devastating loss for the community — but more importantly for Woodall's family.

"As your mayor, I reflect the sadness I feel in the community, but I feel this most deeply as the father of young children," Iveson said, holding back tears.

"Edmonton is a safe city because, by and large, good people live here. The very bravest and best among us step forward to become first responders, just like Const. Woodall and Sgt. Harley."

Alberta Premier Rachel Notley also expressed her grief in a statement released Tuesday.

"Last evening, I was heartbroken to learn that an Edmonton police officer, Const. Daniel Woodall, lost his life in the line of duty. I offer my sincere condolences to his family for their devastating loss."

Prime Minister Stephen Harper added his condolences and said the shooting was a reminder of the sacrifice police make.

SENATE EXPENSES

Auditor general calls for outside oversight

Family funerals, fishing trips, hockey games and enough cellphone roaming charges to make a telecom CEO blush: Canada's auditor general laid bare the Senate's expense-account excesses Tuesday as he called for independent oversight to teach the upper chamber some respect for the public purse.

Michael Ferguson's 116-page report, released Tuesday, details a litany of expense claims that suggest a number of senators were oblivious to the costs they were racking up or were otherwise cavalier in their spending.

The report outlines about $977,000 in questionable spending. Five specific cases involved the question of primary and secondary residences — the same issue that landed Mike Duffy, Mac Harb and Patrick Brazeau before the courts.

Ferguson described a "strongly held belief" among senators that they didn't need to justify their spending. THE CANADIAN PRESS

$24

Auditor general Michael Ferguson's office spent $24 for every dollar of dubious spending by senators he uncovered, but he insists it's money well spent. Ferguson's audit of Senate expenses is forecast to cost $23.6 million.

IN BRIEF

Parizeau remembered for key economic role

Thirty years' worth of Quebec leaders attended Jacques Parizeau's funeral Tuesday. Premiers past and present paid tribute to the sovereigntist icon who is credited with playing a key economic role in ushering the province into the modern era. Every premier since 1985, with the exception of the late Robert Bourassa, attended the service. THE CANADIAN PRESS

We're putting more into the TTC
so you get more out of it.
Next stop:
more convenience
Thanks to all-door boarding and on-board proof-of-payment (POP), you can now get on the streetcar faster and save travel time.
Visit ttc.ca to learn more.
TORONTO TRANSIT COMMISSION

A STAR ALLIANCE MEMBER

SAVE ON SUMMER FLIGHTS TO TOKYO AND OSAKA.

Our Japan summer sale is on now.

With daily service to Tokyo-Narita on our new Boeing 787 plus new seasonal service to Osaka on Air Canada rouge, there's never been a better time to visit Japan.

Offer ends June 16, 2015. Book now at aircanada.com or call your travel agent.

OSAKA

AUG. 23, 2015 – OCT. 23, 2015

$850

TOKYO-NARITA

AUG. 26, 2015 – DEC. 10, 2015

$999

aeroplan

Japan. Endless Discovery.

AIR CANADA rouge

Sample round-trip prices from Vancouver. Departure dates as indicated above. Total price includes air transportation charges, taxes, fees and charges.

AIR CANADA *Your world awaits.*

Hearing-impaired (TTY): 1-800-361-8071. Baggage policy for Economy Class: International travel: A fee of up to $100 (CAD) per direction is charged for the second checked bag on flights between Canada and most international destinations. A different fee may be charged for checked bags by Air Canada partners on the flights they operate. See total price for baggage fees and complete details on baggage allowance at www.aircanada.com/baggage. Fees for optional services such as itinerary changes, additional baggage, advance seat selection or certain special service requests may increase overall cost. For more information, please consult www.aircanada.com/en/travelinfo/products_services.html. **Conditions: OSAKA (KIX):** Tickets must be purchased by June 16, 2015. Advertised fares are valid on AC1951/AC1952 only. Maximum stay: 3 months. Fare is valid Monday through Wednesday and for inbound travel September 9, 2015 through October 24, 2015. **Tokyo (NRT):** Tickets must be purchased by June 16, 2015. Maximum stay: 3 months. Fare is valid Monday through Thursday and for inbound travel September 9, 2015 through January 1, 2016 or January 9, 2016 through March 9, 2016. **Additional conditions:** Seats are limited and subject to availability. Total prices displayed include air transportation charges, taxes, fees and charges calculated based on nonstop flights. Taxes and fees are subject to change. Final price and breakdown of taxes, fees and charges will be displayed during booking on www.aircanada.com prior to final purchase. For immediate information on the final price and breakdown of taxes, fees and charges, contact your travel agent or Air Canada Reservations at 1-888-247-2262. Some itineraries may require connections. Itineraries involving connections may have higher or different total prices due to varying air transportation charges as well as taxes, fees and charges. Certain international destinations may have taxes, fees or charges that must be paid at point of origin or departure. Please contact the nearest foreign government office of the country you plan to visit for definitive, up-to-date information. Tickets are refundable subject to a fee of $300 (CAD). Advertised prices are valid at time of printing and apply to new bookings only. Prices may vary depending on routing and date of departure and return. Day-of-week, time-of-day restrictions may apply. This offer may not be combined with, applied to or used in conjunction with any other discount. Flights may be operated by Air Canada, Air Canada Express™ carriers (Jazz Aviation LP, Central Mountain Air, Sky Regional Airlines Inc., Air Georgian or Exploits Valley Air Services Ltd.) or Star Alliance™ partners Lufthansa (LH), Swiss (LX), Austrian Airlines (OS) or Brussels Airlines (SN). **International destinations:** For certain International destinations, a cancellation fee may apply. Other flight restrictions and purchase conditions may apply. ™Air Canada Express is a trademark of Air Canada. ™Star Alliance is a trademark of Air Canada in Canada.

CBC dumps star broadcaster

MEDIA

Evan Solomon broke ethics code as illicit art broker

The CBC says it has "ended its relationship" with Evan Solomon, one of its best-known on-air news personalities.

The public broadcaster's announcement came barely an hour after the Toronto Star reported Solomon allegedly had "secretly been brokering lucrative art deals" with people he dealt with through his job on television and radio, an apparent breach of the national broadcaster's code of ethics.

Evan Solomon, 47, is the Ottawa-based host of Power and Politics on television and The House on CBC radio. He was one of the people touted to replace Peter Mansbridge on the National when the veteran newsman retires.

The Star found Solomon has been brokering the sale of paintings and masks owned by a flamboyant Toronto-area art collector to rich and famous buyers. Solomon, in at least one case, took commissions in excess of $300,000 for several pieces of art and did not disclose to the buyer that he was being paid fees for introducing buyer and seller.

Evan Solomon, host of Power and Politics and The House, is under internal investigation for making personal profit out of contacts made working at CBC. COURTESY CBC.CA

Among the people to whom Solomon has brokered the sale of paintings are Jim Balsillie, co-founder of Research In Motion (now BlackBerry) and Mark Carney, the former Bank of Canada governor and current governor of the Bank of England.

Solomon, as a journalist, has dealt with both men in his high-profile host jobs at the CBC. Carney, who is also a friend, has been a guest on both of Solomon's shows.

Solomon met Balsillie while courting him as a journalist two years ago in unsuccessful attempts to get him on CBC to discuss sustainable development and small businesses, as well as Balsillie's role in backing the search for the Franklin Expedition shipwreck.

In email correspondence between Solomon and art collector Bruce Bailey, Solomon uses code words to disguise the identity of each man: Carney is "the Guv" and Balsillie is "Anka," the latter an apparent reference to a similarity in looks with singer Paul Anka.

In one email exchange from 2014 — after Carney made a purchase — Solomon tells his art collector partner that Carney's international contacts will be very important as they move forward in their attempts to sell more paintings.

"Next year in terms of the Guv will be very interesting. He has access to highest power network in the world," Solomon wrote.

> **He has access to highest power network in the world.**
>
> Email by Evan Solomon to his partner, referring to former Bank of Canada governor Mark Carney

The CBC code of ethics states that employees "must not use their positions to further their personal interests."

In an interview Monday, Solomon first told the Star that he had no involvement in the art world.

"I have never been involved in an art business," he said. "I have never sold any art to anyone."

When the Star inquired further, Solomon said he was involved but had done nothing wrong. "I have been involved in an art business and it is all disclosed to CBC."

Solomon then said: "I am no longer involved in the business. It is over."

Solomon is a two-time Gemini Award winner who came to the CBC in 1994. He was previously the editor-in-chief of Shift, a magazine he co-founded about technology and culture.

TORSTAR NEWS SERVICE

Order online at virginmobile.ca, call 1.855.BE.VM.VIP or stop by to say hi.

Virgin mobile THE SOURCE WIRELESSWAVE Tbooth wireless WIRELESS etc...

IN BRIEF

Officer resigns after violent pool-party video goes viral

The white police officer who was recorded on video pushing a black girl to the ground at a Texas pool party resigned from the police force Tuesday.

Officer David Eric Casebolt resigned from the McKinney Police Department after almost 10 years on the force, said his attorney, Jane Bishkin of Dallas.

Police Chief Greg Conley said a review of the incident's footage showed that "our policies, our training and our practices do not support his actions."

"He came into the call out of control, and the video showed he was out of control during the incident," he said. THE ASSOCIATED PRESS

Iranian women to gain right to watch volleyball

A limited number of Iranian women will be allowed to watch Volleyball World League games in Tehran later this month as part of a government move to allow women and families to attend male sporting events. THE ASSOCIATED PRESS

Police comb town for cons

PRISON BREAK

Residents say two men were seen along road late Monday

A law-enforcement officer on patrol during a search for two escaped killers in Boquet, N.Y., on Tuesday. State and federal officers are searching for David Sweat and Richard Matt, two killers who broke out of Clinton Correctional Facility in Dannemora. SETH WENIG/THE ASSOCATED PRESS

State and federal law officers searching for two killers who used power tools to break out of a maximum-security prison converged on a small town about 50 kilometres away Tuesday after getting a report of a possible sighting.

Dozens of officers formed a line and made their way through a pasture and woods in the town of Willsboro while a helicopter hovered above. Other searchers walked along nearby railroad tracks.

They descended on the town just west of Lake Champlain after residents reported seeing a couple of men walking on a road late Monday during a rain storm.

The breakout over the weekend from the 3,000-inmate Clinton Correctional Facility in Dannemora, N.Y., close to the Canadian border, immediately raised suspicions that the inmates had inside help in cutting through a steel wall, breaking through the bricks and crawling through a steam pipe. They eventually emerged through a manhole outside the prison grounds.

Among the questions: did someone hear them cutting their way out? How did the inmates hide the hole, the dirt and dust from work that probably took days to accomplish? And did they have access to blueprints or other inside information to chart their path through the bowels of the prison?

> **"I'd be shocked if a correction guard was involved in this, but they definitely had help.**
> N.Y. Gov. Andrew Cuomo

Sweat, 34, and Matt, 48, had stuffed their beds with clothes to fool guards making their rounds and left behind a taunting sticky note that read: "Have a nice day."

The prisoners surely had help, and the noise must have been heard, Gov. Andrew Cuomo said.

But Cuomo said other inmates claimed they didn't see or hear anything.

"They're all heavy sleepers," he said sardonically.

In looking for those who may have aided the escape, Cuomo said investigators were focusing first on civilian employees and contractors who have been doing extensive renovations at the 170-year-old prison.

"I'd be shocked if a correction guard was involved in this, but they definitely had help," the governor said.

Corrections officials said an inventory of the prison's tools has so far shown none missing. But contractors typically bring truckloads of equipment, said Peter Light, a retired guard.

The RCMP said Monday it had no information to indicate the two had crossed into Canada.

Sweat was convicted in the 2002 killing of a sheriff's deputy and was doing life without parole. Matt was serving 25 years to life for kidnapping and dismembering his boss in 1997. THE ASSOCIATED PRESS

$53/mo. GOLD PLAN GETS YOU:
• UNLIMITED Weekends & Evenings from 5pm
• UNLIMITED Worldwide Text Messaging from Canada
• UNLIMITED Picture Messaging to Canada & US for a Limited Time
• 500 Canada-Wide Minutes
• 500 MB of Data
• Voicemail & Call Display
($9.99 SIM Card not included.)
Samsung GALAXY S4
$0 with a 2-year agreement
Virgin mobile
IT'S BETTER TO BE A MEMBER

Limited time offer. Services available with compatible devices. Available with new activation. Monthly government 9-1-1 fees apply in AB (44¢), NL (75¢), NB (53¢), NS (43¢), PEI (70¢), SK (62¢) and QC (40¢). Taxes extra. If you cancel your Commitment Period early, an Early Exit Charge will apply. See your Agreement for details. All pricing, plans and Member Benefits are subject to change/cancellation at any time without notice. Unlimited Text & Picture Messaging is only valid when message is sent from Canada. Text messages sent within the U.S. or internationally, premium text messages, text alerts, messages sent with an instant messaging application and dial-up messages are not included in any plan and cost extra. Canada-Wide Calling applies to calls made from Canada to a Canadian number or calls received from any number while you are inside Canada. Additional minutes are 50¢/min. Long distance charges on calls to the U.S. are 50¢/min in addition to your local per minute rate. Additional data is $5/100 MB. Phones and some colours may not be available at all retailers. Other restrictions apply; see virginmobile.ca for details. Screen image simulated. © 2015 Samsung Electronics Canada, Inc. All rights reserved. Samsung and Samsung Galaxy S4 are trademarks of Samsung Electronics Canada, Inc., and/or its related entities, used with permission. The VIRGIN trademark and family of associated marks are owned by Virgin Enterprises Limited and used under license. All other trademarks are trademarks of Virgin Mobile Canada or trademarks and property of the respective owners. © 2015 Virgin Mobile.

Blacks closing all Canadian stores

RETAIL

Firm founded in 1930 falls victim to the digital world

Photography chain Blacks is shuttering all of its 59 stores in Canada after nearly 70 years of selling pictures, albums and frames. Parent company Telus said the closures will take effect Aug. 8 and affect about 485 employees, most of whom work in Ontario.

"Technological innovations have changed the way Canadians take and share photographs, with fewer of us using retail photo outlets," company spokeswoman Luiza Staniec said. An unspecified number of the laid-off employees will be offered jobs at Telus or Koodo head offices, as well as at retail outlets or call centres, while others would be offered a "transition package," she said.

Bruce Winder, a retail analyst with J.C. Williams Group Ltd., said he wasn't surprised.

"If you go back 10 years ago, folks bought digital cameras. Now everyone has digital cameras on their smartphones.

"The market is polarized," Winder said. "You're either a professional camera enthusiast and you go to Henry's, or you don't and you use your cellphone like 99 per cent of the other people."

Headquartered in Toronto, Blacks was founded in 1930 and sold appliances. Its first specialty camera store opened in 1948. Since then, it has changed hands several times. THE CANADIAN PRESS

Parent company Telus says most of the Blacks stores are in Ontario and employ about 485 people. THE CANADIAN PRESS

Deposit cheques when you get them.

A cheque in hand is money in the bank with CIBC eDeposit™. Literally. Just take a picture with your phone and your cheque will be immediately deposited into your account. How simple, and awesome, is that?

Start banking at CIBC and get up to $300.*

Banking that fits your life.

CIBC

For personal and business accounts.
Talk to an advisor today.
At a branch · cibc.com/fitsyourlife · 1 800 784-3175

*To qualify you must open a CIBC Unlimited® Chequing Account or CIBC PremierService® Account and complete qualifying transactions. Offer ends July 17, 2015. Other conditions apply. Learn more at cibc.com/300cashoffer. ®Registered trademarks of CIBC. CIBC eDeposit™ is a trademark of CIBC. CIBC Cube Design and "Banking that fits your life." are trademarks of CIBC.

IN BRIEF

San Francisco OKs health warning on soft drink ads

San Francisco supervisors voted unanimously Tuesday to approve health warnings on ads for sugary sodas, saying such beverages contribute to obesity, diabetes and other health problems. It's believed San Francisco would be the first place in the U.S. to require such a warning it receives a second approval from the Board of Supervisors next week. THE ASSOCIATED PRESS

market minute

DOLLAR 81¢ (+0.34¢)

TSX 14,817.71 (+74.38)

OIL $60.14 US (+$2)

GOLD $1,177.60 US (+$4)

NATURAL GAS: $2.846 US (+14.1¢)
DOW JONES: 17,764.04 (-2.51)

ROCHON | GENOVA LLP
BARRISTERS – AVOCATS

DISABILITY CLAIMS?

Have you been denied or cut off from your long or short–term disability insurance benefits? We can help you!

- Free Consultation
- No payment until claim is settled

Call: 416-363-1867
www.rochongenova.com

ROUND TELECOM

SIGN UP TODAY & GET A $25 CREDIT*

MAKE A GOOD CALL

CUBA	LEBANON	INDIA	MEXICO
74.9 ¢/min	*9.9 ¢/min	1.5 ¢/min	*1.9 ¢/min

No Contract • No Monthly Fee • No Hidden Charges • Monthly Billing

Tel #1.855.41.ROUND www.roundtelecom.com

metro VIEWS
Your essential daily news
Wednesday, June 10, 2015

THE BIG THING: FINANCIAL LITERACY

The federal government thinks we need a lesson in how to manage money. On Tuesday, Ottawa announced a $10-million strategy to co-ordinate programs that aim to help Canadians learn to manage debt, save for retirement and avoid scams.

THE CANADIAN PRESS

1 Time to shape up Canada's financial literacy leader, Jane Rooney, says 60 per cent of us don't know how much we need for retirement, and 55 per cent fail to use the "fundamental tool" of a home budget.

2 Could be worse Our household savings rate has been all over the map for the past century. It peaked around 16 per cent in the mid-1940s and again in the early 1980s, dipped into the red during the Great Depression and fell to a dangerous low of 3.6 per cent in 2005. In the first quarter of this year, Canadians squirreled away five per cent of their paycheques.

3 Good debt, bad debt Canada's household debt-to-income ratio reached an eye-watering record of 162 per cent in 2014, thanks in large part to low interest rates and high home prices. But personal loans — often the most disastrous — are actually on the decline, and the rate we're acquiring credit-card debt is slowing.

Great art doesn't get made in a boardroom

SOCIAL DISCOURSE

Omar Mouallem

Beware of anyone using the word "silos" who is not a farmer. It's what suits say instead of "groups," as in, "The difficulty with the (Canada Council for the Arts) now is that everything is organized by disciplinary silos that are very complex to navigate."

Those were the words of the CCA's new CEO Simon Brault during a Canada Arts Summit speech last spring, where he also promised more "outcome-driven" grant programs for Canadian artists that will "have more impact."

Artists should laugh in the face of anyone who asks for "objectives" before the creative process has even begun, but instead they now have to adhere to this boardroom puffery if they want their work government-funded.

Last week the CCA unveiled its simplified funding system, which will soon reduce 147 grant programs to just six broad categories. It's a noble cause, as the old process was cumbersome, to say the least. But at least it was somewhat comprehensible.

Peace out "Grants to Dance Professionals." Sayonara, "Grants to Professional Orchestras." You'll now have to choose from a menu of buzzwords still reeking of the dry-erase markers with which they were born. That now includes a category called "Engage and Sustain," with the outcome of "reflect(ing) the diversity of the communities that they participate in through their staffing, programming and public engagement responsibilities."

Does this mean creative diversity? Intellectual diversity? Social diversity? So much for simplicity.

Art is an act of discovery divined from the experiences, observations and imaginations of its creators and collaborators. And it's an act of entertainment and expression, not innovation, much as the CCA's constant trumpeting of the arts' $50 billion GDP contribution is intended to entertain politicians and people (sorry, I mean stakeholders) who couldn't care less about the quality of the art.

Maybe it works for them, but audiences gain nothing from an artist crossing off corporate objectives while writing a grant proposal. It's the same anathema that's turned most galleries' artist statements into head-tilting jibber-jabber, poisoning the exhibition before it's even viewed.

Consider the effect of 1930s Soviet art, which hewed to a state-enforced mandate of optimism and heroism, to be exported internationally. The result, then, was art decidedly on-message and redundant. No, the CCA, whatever it is, isn't a bastion of socialism. Atom Egoyan's next film won't star a Canadian actor as the common man finding fulfilment in labour. But artists obsessing with vague guidelines about "diversity," "innovation," "engagement" in order to make it past the gatekeepers will surely yield art that's equally stale.

Audiences gain nothing from an artist crossing off corporate objectives while writing a grant proposal.

Omar Mouallem (@omar_aok) is based in Edmonton and edits the Yards. Social Discourse appears every other Wednesday.

ROSEMARY WESTWOOD

metroview

"There is no freedom from the pull of things."

Marie Kondo is not your saviour from stuff.

The maven of minimalism and author of a trendy book on tidying might be your saviour from a lot of stuff — from overflowing closets and shelves, from the sense you live in Mary Poppins' purse.

She will even curate you: through her prescription to keep only that which brings joy, you'll be able to justify the gold-plated scissors you've been coveting, once you've thrown out the plastic pair that was definitely not joyful.

But what do you end up with?

Stuff, just as before. All of it. Things. And, perhaps, a dresser drawer with shirts so neatly rolled it looks like a Pez dispenser.

In reaction to Kondo's methods, some have come out in praise of clutter. One writer wondered in the New York Times, "Why on earth would we get rid of our wonderful things? I have many books, many paintings, many pots and many more things I love."

So do I.

But that's not an argument against Kondo. The call to curate stuff and the call to abundantly collect it both stem from the same impulse: the desire for things.

One is the new world of the carefully chosen item, where everything you own aligns with a singular vision of your rarefied lifestyle.

One is an older world, where, since you could afford to have lots of stuff, why not have it all?

Both are underpinned by consumer culture, and the belief that the best way to express who you are is to buy — or not buy — something.

There is no freedom from the pull of things.

Even if I had almost nothing (as many do), I'm sure I could love a useless item. Not just for what it is, though it may be beautiful, but for what it means.

Like the gold necklace that was once my mum's, with two pendants, one of a dove and one of the Parthenon. Wearing it made me feel she was close, even across continents. It was stolen and I still mourn its loss.

The Canadian painter Agnes Martin (posthumously hot right now) aimed for a thing-less life.

In the 1960s, she moved to a remote part of New Mexico, discarded most belongings and lived on odd, restricted diets, like preserved tomatoes and hard cheese. She reportedly felt possessions only fed her ego. "I paint with my back to the world," she said.

But even she did not dogmatically follow through.

In her later years, while still living sparingly, she let a little luxury in: driving to and from her studio in a white BMW.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER METRO EASTERN CANADA
Greg Lutes

MANAGING EDITOR TORONTO
Angela Mullins

ADVERTISER INQUIRIES
adinfotoronto@metronews.ca
General phone 416-486-4900

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

metro LIFE

Your essential daily news

Martin Sheen joins cast of TV-movie reboot of Anne of Green Gables

Finding pleasure behind bars

SEASON 3

Piper Chapman is 'revelling' in her new role at Lichfield

Lisa Weidenfeld
Metro | New York City

Piper Chapman has come a long way from her first days at Lichfield. While Seasons 1 and 2 of Orange Is the New Black saw her struggling to find her way in the strange and confusing hierarchy of the prison, Season 3 sees her finally come into her own, according to Taylor Schilling. The Netflix star says Piper may finally be getting the hang of the place, and we chatted with her about what's to come for Lichfield's finest.

Season 3, which debuts June 12, finds Piper Chapman (Taylor Schilling) and Alex Vause (Laura Prepon) both in prison together once again. JOJO WHILDEN/NETFLIX

If there's a theme for the third season, what would you say it is?
We've talked about it as an ensemble, about it really being based around faith and belief and how faith manifests differently in different people and what we classically think of as a system of faith and what we really believe in and how that plays out in people's lives.

How do you think Piper is growing as we see her in the third season?
She started this story, and this journey, having a solid idea of who she thought she was, and her life was pretty nailed down.

I imagine it being like a house during a rainstorm, with a leaky roof, and it's like, if you put enough buckets around, you're walking around the floor and ostensibly, it's a dry house. But if you really examine what's going on, there's a lot of cracks and there's a lot of leaks.

So, prison has forced her to really look at what's happening within her. And I think the journey is that she's finding and enjoying parts of herself that she didn't really know existed. And a strength and determination, and wildness and a recklessness and a pleasure, a joy, a power. It's almost like trying on different articles of clothing and seeing that lot of them fit.

Not to diminish the suffering she goes through, but she does seem like she's finding ways to be happy in there.
Yeah, exactly, and I think even finding pleasure in the power, or pleasure in the manipulation or pleasure in the strength. It doesn't necessarily add up to the way that she thought happiness or success looked when she came in to prison. So her conception is changing.

Do you think she's finding her place a bit more?
Absolutely. I think she was a fish out of water and she spent Season 2 finding her place, and now she's exploring her place, and she's enjoying it, and she's revelling in it, and she's trying on different facets of who she is.

Is it good to have Laura Prepon back full time as Alex Vause?
Yeah, I love Laura. She's a dear friend, like so many girls in this cast are. It's always fun to have her around, and we work really well together. We have a really nice working dynamic. It's very safe, and I think we both feel comfortable taking risks that we're proud of later.

One of Season 2's big cliffhangers was that Piper got Alex thrown back in prison. Was she trying to protect Alex, or did that come from a selfish place?
I think it's all of those things — Piper was operating from all of those places. And that's what's so fun about this work is that it's so rich and complicated and knotted. And what I so love about playing this character is that she is kind,

> **"She's finding and enjoying parts of herself that she didn't really know existed.**
> Taylor Schilling

and she is a wife, she is a best friend, she is a daughter, she's a lover and a caretaker, but she's also confused and angry and manipulative and disloyal and attention-seeking and power-hungry and all of those things. That's a real woman. All of those things existing within.

I long for that and I'm excited by that, to see someone who's not a picture or an idea, but a fully fleshed-out person.

NEW DEAL

Degrassi to target Gen Z at new home on Family Channel

Class is back in session for the beloved Degrassi franchise.

Days after MTV Canada said it would no longer run the teen serial, Family Channel announced Tuesday it will debut a new instalment in January 2016.

The youth-focused network said Degrassi: Next Class will return with 20 half-hour episodes, with cast members from the most recent incarnation reprising their roles.

Like its predecessors, the new version will tackle tough issues such as homophobia, racism, substance abuse, body issues and the complications of dating in the social media age.

Executive producer Stephen Stohn said the channel-jump coincides with his own shifting plans for the series. Stohn said he began musing on targeting a new audience — Generation Z — back in January when they were preparing for the upcoming season on MTV.

"For many years we've been telling stories to the millennial generation," said Stohn.

"This is the young generation that either were born after 9/11 or whose first memories are after 9/11. So they know a world that is not a friendly world, it's a world of terror, it's a world of financial uncertainty and it's a world of school violence. And also they have grown up with a phone and often a smart phone in their hands."

The sudsy teen saga moves to Family Channel as the youth-focused broadcaster breaks from Disney fare and rebuilds its lineup.

Degrassi: Next Class is produced by DHX Media's Epitome Pictures, in association with Family Channel and the streaming service Netflix, which will run the show worldwide starting early next year. Netflix Canada will get the series after its initial run on Family, said a DHX publicist.

Stohn said the Netflix deal ensures that the show's edge won't soften just because it is on Family Channel.

The move cements Degrassi as the longest-running dramatic television series in Canadian history. The franchise is currently celebrating its 35th anniversary.

THE CANADIAN PRESS

Next Class debuts on Family Channel in January 2016 featuring familiar faces. DHX TELEVISION

Four years in the waiting

NEW RELEASE

Of Monsters and Men drop sophomore album, finally

Of Monsters and Men couldn't relax until they finished their second album — their fans made sure of it.

Their platinum-selling debut My Head is an Animal was originally released back in September 2011 and some of their devotees' patience for a follow-up seemed to wane in the years since.

"On Twitter, if you ever do anything that isn't creating the album — like, 'Oh, I'm outside, having a beer' or something — then people are like: 'No, go home, finish the album,'" laughed lead singer Nanna Bryndis Hilmarsdottir in a telephone interview.

"We just kind of realized that hurrying up wouldn't make it better.

"We probably could have kept going forever. But it was time to stop."

And thus this week's release of Beneath the Skin, a record touted as darker and more intimate than the band's wildly popular debut.

The band was just getting to know one another when you made the first album. Did the increased familiarity change your approach this time?
Yeah definitely. This one is more personal, maybe.

It was very challenging for us to not have that guard up. That's actually the one very conscious decision we made. We said: 'OK, we're going to sit down, write these lyrics, say things that are uncomfortable and we're going to really go there and we're going to go all the way.'

We don't want to half-ass it. It was very freeing. It was very satisfying when it was over.

I hear you're a big fan of (Montreal's) Grimes.
I listened to her a lot when we were on tour, and I saw her a few times on tour. She has released a few songs since, I don't even know if they're making the album. They're mysterious — like that song Go, or that new song.

I'm just so excited to hear her next album.

Of Monsters and Men were frequently compared to Arcade Fire. How did you feel about that?
I love Arcade Fire. I think they're a really, really great band. When we started out, yeah, there were a lot of comparisons.

When it's someone you like, you don't mind at all. I think we understood what they were saying, but we also think we sound different.

THE CANADIAN PRESS

Nanna Bryndis Hilmarsdottir from Of Monsters And Men says she gets why people think they sound like Arcade Fire. GETTY IMAGES FILE

A LOT HAS CHANGED OVER THE YEARS

And so has Ontario's Health and Physical Education curriculum

It's been 17 years since the 1998 curriculum was last updated. It now includes more information about healthy relationships, consent, mental health and online safety.

Learn more about the curriculum at **ontario.ca/hpe**

Canadian students are more connected, more mobile and more social than ever before

24% of Grade 4 students, **52%** of Grade 7 students, and **85%** of Grade 11 students own a cell or smartphone.
Source: Media Smarts Survey 2014

39% of students with cell phones sleep with them.
Source: Media Smarts Survey 2014

Among grades 4-6 students, **30%** have a Facebook account and **16%** have a Twitter account even though they're barred for users under the age of 13.
Source: Media Smarts Survey 2014

A Kids Help Phone study reported that **70%** of the kids surveyed have been bullied online, and **44%** admitted to bullying others.
Source: Kids Help Phone (Cyber-bullying: Our Kids' New Reality) (2007)

36% of Grade 11 students with access to a cell phone have received a sext.
Source: Media Smarts Survey 2014

ontario.ca/hpe

Paid for by the Government of Ontario

Ontario

Healthy gourmet cooking that fits your busy lifestyle.

(And helps you fit back into your jeans!)

Fresh and Frozen Meals Delivered To Your Door.
Individual Meals starting at $8.95

Rose Reisman, Healthy Living Expert

10% off all first time orders use code "Metro10"

* Minimum order applies

416•721•0560
personalgourmet.ca

ROSE REISMAN'S personal GOURMET

Chefs go lentil on tour

CANADIAN INGREDIENTS

Restaurants create dishes in cross-country competition

Chefs in two dozen restaurants across Canada are competing this month with signature dishes all incorporating the same homegrown ingredient: lentils.

The restaurants in seven cities have added the creations to their menus for customers to order and vote on during the FunDeLentil competition in June.

Culinary activist Anita Stewart put together the list of restaurants — which are also Food Day Canada participants committed to using Canadian ingredients — on behalf of the Saskatchewan Pulse Growers and Canadian Lentils.

"It's right down my alley. In terms of my mission statement to actively promote the growth and study of our distinctly Canadian food culture, well, this is it," the University of Guelph food laureate said Thursday at George restaurant in Toronto.

Farmhouse Tavern executive chef Tom Wade, right, with chef Eoin Ramsbottom on a lentil tour led by author and food activist Anita Stewart. FRANCIS WALLACE /TORSTAR NEWS SERVICE

"It's a way to support our own farmers and lentils are also really delicious and healthy. They're so darn versatile."

She said chefs are coming up with many unique ways to use lentils, such as turning them into flour, using them for coating or stuffing, and sprouting them to make bread.

> **Lentils are so darn versatile.**
> Anita Stewart, culinary activist behind the FunDeLentil Tour

Canada is one of the world's largest producers of lentils, planting more than 1.3 million hectares of lentils last year. Types produced in Canada include commonly known green lentils and split red lentils, and lesser-known black or beluga lentils and French Green lentils.

The chefs were invited to use one or a combination of lentils grown in Canada in their dish.

Lorenzo Loseto, executive chef at George, brûléed lentils sprouted at the restaurant for a salad paired with seasonal Dungeness crab and beluga lentils.

Loseto said he often uses lentils in innovative ways, such as a savoury crumble — they're cooked, fried till crunchy, paired with crispy horseradish and used as a garnish. He incorporates red lentils into a dressing for a romaine salad with Parmesan cheese.

"It tastes like a caesar salad, but it doesn't have eggs," he said.

For his offering, Craig Flinn, chef-owner of Chives Canadian Bistro in Halifax, is serving a strudel filled with smoked duck and green lentils with foie gras and a rhubarb jelly made from his mother's garden, Stewart said.

The choices are "as upscale as you want it or it's as comforting as a lentil shepherd's pie," said Stewart, who was appointed in 2011 to the Order of Canada for her promotion of the food industry in Canada. THE CANADIAN PRESS

FUNDELENTIL

Win a trip to dine out

Visit FunDeLentil.ca to vote for your favourite dish, including these creations:

Dungeness Crab, Lentil Salad, Fava Bean by George in Toronto.

Red Lentil and Bacon Bratwurst Sausage with Fennel Kraut by CharCut Roast House in Calgary.

Stuffed and Roasted Saddle of Rabbit, Lentils Braised with Beau's Lugtread, Pickled Carrot and Mustard Sauce by The Wellington Gastropub in Ottawa.

Drop sugar hit for healthier picks

SWEET ON NUTRITION

Choose least sweet options to curb your sugar intake

WORD OF MOUTH
Theresa Albert
myfriendinfood.com

The top three sources of sugar in our diet are breads, snack foods and beverages. ISTOCK

Sugar is the new sodium. It is contributing to the rise of everything from diabetes to Fatty Liver Disease. The World Health Organization suggests that you reduce not only "added sugar" but also "naturally occurring sugar" (and it is hidden everywhere). There is even an app to help you decipher some of the obfuscating facts on the label. The bottom line is that no matter what the source of sugar, what really matters is the good nutrients that come with it. While a spoonful of sugar may help the medicine go down, make sure there is real food medicine in your choices.

The top three sources of sugar in the Canadian diet are: breads, beverages and snack foods.

Here are my top picks in each category:

Bread: Dempster's Healthy Way. No fat. No sugar. It is a tasty whole grain, high in fibre and protein and under 100 calories per slice.

Beverage: Flavoured Sparkling Water like Nestle's Pure Life. Most of us don't drink enough water because it is boring. Many varieties of naturally flavoured sparkling water will deliver a bright refreshing taste and the hydration your body needs more of, without any sugar or artificial sweetener.

Snack foods: Qi'a Bars are the newest granola type bar to hit the shelves. Among the lowest in sugar but also high in superfood ingredients like hemp and chia, the bars are a delicious energy-sustaining touch of sweetness with only 6 to 9 grams of both sugars.

You can't be all good all the time, but you do want to choose best in class especially when it comes to sugar content.

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food.

COUNTING CALORIES

A brew on the lite side

LIQUID ASSETS
Peter Rockwell
@therealwineguy

While I adore a pint of craft beer as much as the next guy, I'm not getting any younger.

Risking the wrath of hipster craft brew lovers, I confess that the older me doesn't mind lighter beers — and by light, I mean the mass-produced stuff. While they will undoubtedly turn their noses up at a glass of Miller Lite (12x355ml, $20.49 to $25.29) — the original light beer that has finally landed in Canada — traditional craft beer supporters argue that the boozy IPA-style brews, popular today, are killing the market for lower alcohol "session" beers.

Nowadays I'm concerned about the calories. The average glass of craft brew has more than 300, while one filled with Miller Lite clocks in at 96.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

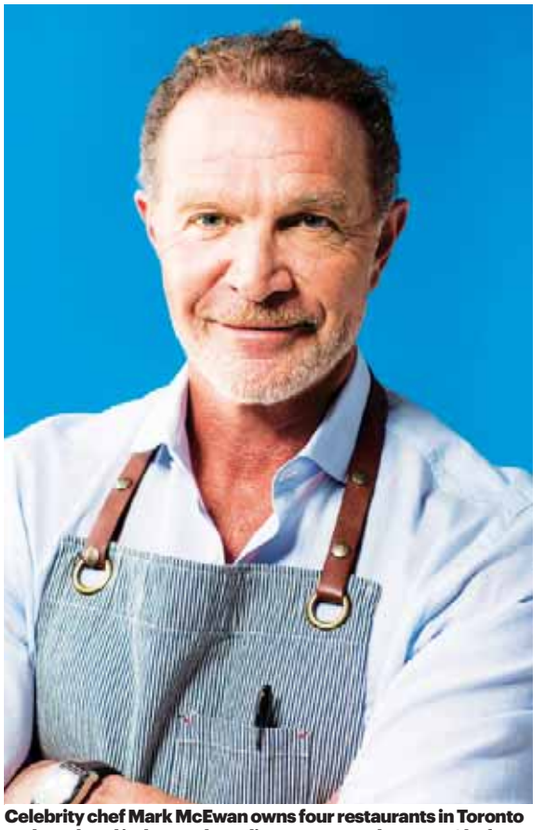
Medicines come in all shapes and sizes
So do our volunteers

Healthy men and women ages 18 to 55 who have experience with snorting (inhaling through the nose) opioid drugs such as morphine, oxycodone, heroin or codeine for recreational use are needed for a clinical research study.

Study consists of one screening visit, one qualification session, five 3-day in-clinic treatment visits, and one follow-up visit.

Eligible subjects will receive up to $4140 in financial compensation for participation in this clinical trial.

www.studies4u.com • 416.640.4004 • 1.866.222.8063 (toll free)
720 King Street West, 7th floor (north elevators)



Celebrity chef Mark McEwan owns four restaurants in Toronto and was head judge on the culinary contest show Top Chef Canada. THE CANADIAN PRESS

Mark McEwan offers some food for thought

TOP CHEF CANADA

Celebrity chef warns of long, arduous hours in industry

Food television has created a groundswell of attention to the restaurant game, says chef Mark McEwan, who was head judge on the culinary contest show Top Chef Canada.

But young people pursuing a career as a chef often have a big surprise when they get into the business and realize how busy service can be.

McEwan, who owns four restaurants in Toronto — North 44, One, Fabbrica and Bymark — also hosted The Heat on Food Network Canada, a look behind the scenes at his restaurant and catering business along with the building of his first upscale gourmet food store, McEwan, which opened in 2009.

McEwan, author of two cookbooks, said he did the high-pressure "pass" every night till he was 47, a role that involves monitoring orders and the quality of food as it leaves the kitchen.

"And now I see guys and they're 32 and they're not doing the pass anymore and they have a chef de cuisine and it's like 'I'm past it all now.' You know what? You've got to stay in the game," he said in an interview last month at the culinary conference Terroir Symposium.

McEwan, now 58, stays on top of his game running his company, the McEwan Group with a staff of 500. That includes catering and opening a second store in downtown Toronto.

Does food television give a false sense of the business?

It's very strenuous work. It's long hours, longer than most hours, tougher conditions. You're working weekends. Your service can last five hours and that's rigorous. It's athletic. It's hard — if you're in a busy restaurant.

> **People thought that I was a tough judge but fair.**
> Mark McEwan

But then I think there's a lot of places for young kids to go other than the restaurant business, so getting into food styling, they're getting into the catering business, they're getting into institutional work ...

To be a mainline chef in a top-flight restaurant it's a long journey, a long journey to get there. And I don't think a lot of these young people understand what it's about.

Did producers influence how you chose a winner in Top Chef Canada?

I was all about the best chef winning. It was always about the cooking for me. It was never about anything else.

You do have television colliding with the professionalism of cooking, what's going to sell, what drives ratings, how do you get broad viewership and now the whole platform is changing. Cable television is changing. You have Netflix. You have the Internet, people doing a lot of video clips on the Internet now. It's like this molten foundation that's trying to find a new direction.

Do they window-dress for television? Sure, they do. They do that in every aspect of television, but having said that, at the same time, it's been very good for the chefs. It's been very good for the industry and now we're at this point of change and flex in food television and it's going to be fun to watch and see what the direction is, like where will it land in two or three years.

THE CANADIAN PRESS

WE NEED MALES & FEMALES

Are you a healthy,

MALE OR POST-MENOPAUSAL OR SURGICALLY STERILE FEMALE 18-65 YEARS OF AGE

- Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies:

Study 1813 **MALE OR POST-MENOPAUSAL OR SURGICALLY** STERILE FEMALE 18-65 YEARS OF AGE

- Study starts on Jun 28 – 3 sessions with 9 returns consisting of a one 2 night stay and two 1 night stays in our clinic
- Compensation is up to $3550 for completing the entire study.

BioPharma SERVICES INC.
Research. Results. Reliability.

CALL: 416-747-5246
Toll Free: 1-866-747-5246
Mon-Fri: 8am-6pm, Sat-Sun: 10am-6pm

4000 Weston Road, Toronto | www.biopharmaservices.com

Introducing the NEW
wheels.ca
Brought to you by
TOYOTA

Browse Articles, Vehicle Research and Vehicle listings by Lifestyle

Browse our collection of Guides and Road Trips for the perfect getaway

Research and Compare to find the vehicle that's right for your Lifestyle

Mary Kom of India, right, fights against Le Thi Bang of Vietnam last year in South Korea. Kom will star as India's first girl superhero in an upcoming TV series. RICHARD A. BROOKS/APK/GETTY

India's female boxing champ gets animated

MARY KOM JR

Series will feature India's first cartoon girl superhero

India's five-time world boxing champion and Olympic bronze medallist Mary Kom is to star in animated form as the country's first cartoon girl superhero, the series' production company said Tuesday.

The boxer has signed a deal with ScreenYug Creations, based in the western Indian state of Maharashtra, that will see a fictional childhood version of the national hero in Mary Kom Jr.

"She's between eight and 10 years old, and gets powers when she wears her boxing gloves," Ashish Kulkarni, CEO of ScreenYug Creations, told AFP.

"She does lots of good things like fighting villains," Kulkarni added, saying the television series will be aired sometime in 2016.

It is the second time recently that Kom's life has inspired a screen outing after the release last year of the Indian biopic Mary Kom starring Bollywood actress Priyanka Chopra.

Kom, 32, is one of India's most successful sports stars and won gold at last year's Asian Games in Incheon, South Korea.

She said the animated series would focus on educating children about useful self-defence moves, according to the Press Trust of India news agency.

"I want girls to be confident, strong," Kom said in quotes carried by PTI. "Parents are usually not keen on fighting games ... but with all the crime going around, their eyes are now open and this will help," she added.

Kulkarni told PTI Mary Kom Jr would be "India's first girl superhero animated series." AFP

RELATIONSHIPS

Japanese men not getting any

Takashi Sakai is a healthy 41-year-old heterosexual man with a good job and a charming smile. But he's never had sex, one of a growing number of middle-aged Japanese men who are still virgins.

Sakai has never even had any kind of relationship with a woman, and says he has no idea how he might start one.

"I've never had a girlfriend. It's never happened," he said. "It's not like I'm not interested. I admire women. But I just cannot get on the right track."

It might sound like the subject for a Hollywood comedy, but far from being the social misfit portrayed by Steve Carell in 2005's The 40-Year-Old Virgin, Sakai is one of a crowd.

A 2010 survey by the National Institute of Population and Social Security Research found that around a quarter of unmarried Japanese men in their 30s were still virgins — even leading to the coining of a specific term, "yaramiso," to describe them.

The figure was up around three percentage points from a similar survey in 1992.

The period corresponds with Japan's prolonged economic slowdown, after a stock and asset bubble burst and the one-time financial powerhouse suffered years of lacklustre growth.

People, including middle-aged men, sketch a nude model at a studio in Tokyo. YOSHIKAZU TSUNO/AFP

Matchmaking expert Yoko Itamoto says the economic emasculation has taken its toll on Japan's men, as more of them struggle to find secure, full-time jobs.

"Many men seem to have lost confidence as they've lost their economic muscle," she said.

"In the past two decades, the situation for Japanese men has been very tough and competitive."

The pain caused by an inability to form emotional and physical relationships with women is something one 49-year-old architect, who did not wish to be named, knows too well.

Only twice in his life has he had romantic and sexual feelings for a woman — the first time in his mid-20s and then again two decades later.

Both rebuffed him.

"It was devastating," he said. "It seemed to invalidate my life and take away my reason to live."

Directly comparable international statistics are difficult to come by, but Japanese people across the board appear to have less sex than those in other developed countries.

In the 2010 survey quoted above, 68 per cent of 18-19 year olds in Japan said they were virgins; a study carried out that year in Europe by condom maker Durex found virginity rates among those aged 15-20 were much lower. AFP

Looking for a Job?
Skills for Change can help!

Drop in or call for an appointment:

- FREE Job postings and connections to employers
- FREE Career counseling, workshops and information sessions
- FREE Resume, cover letter and interview preparation
- FREE Employment and training subsidies, including Second Career, Ontario Self Employment Benefit and Canada-Ontario Job Grant
- FREE Entrepreneurship, mentorship and networking opportunities
- FREE Internet café with access to telephone and faxing services
- Friendly, goal oriented and supportive staff

Two Locations to Serve You!

SfC Employment Ontario East
Flemingdon Park
10 Gateway Boulevard, Unit 105
Toronto, Ontario
416-645-2489

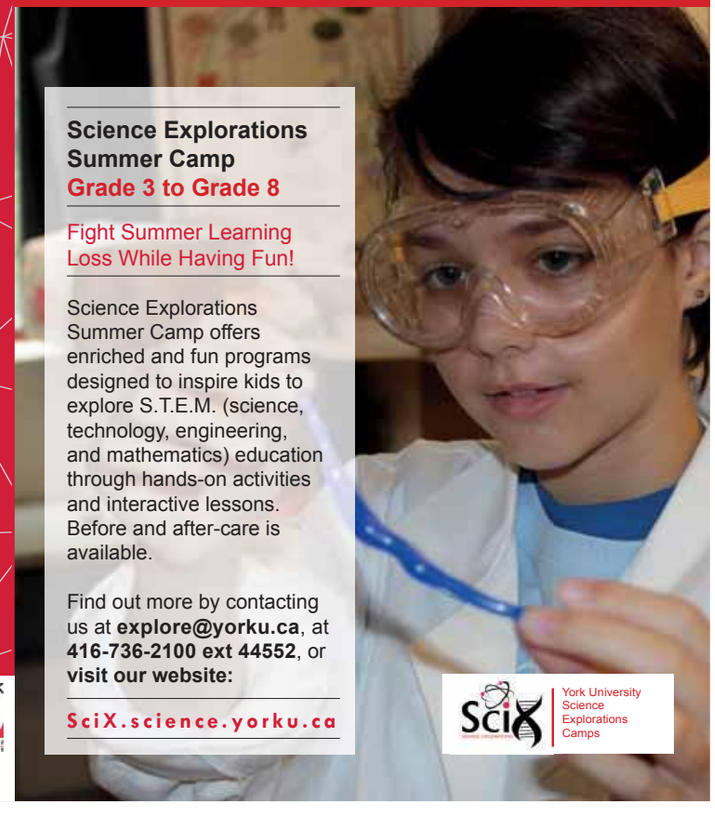
SfC Employment Ontario West
Stockyards Mall Location
30 Weston Road, 2nd Floor
Toronto, Ontario
(At North West corner of St. Clair & Weston. Entrance on Weston Rd.)
416-572-0490

Hours of Operation:
Mon—Thurs: 8:30am—8:00pm
Sat—9:00am—5:00pm

gethired@skillsforchange.org
www.skillsforchange.org

Skills for Change
EMPLOYMENT ONTARIO
The Employment Ontario project, program or service is funded in part by the Government of Canada

Great science plays here.



Science Explorations Summer Camp
Grade 3 to Grade 8

Fight Summer Learning Loss While Having Fun!

Science Explorations Summer Camp offers enriched and fun programs designed to inspire kids to explore S.T.E.M. (science, technology, engineering, and mathematics) education through hands-on activities and interactive lessons. Before and after-care is available.

Find out more by contacting us at **explore@yorku.ca**, at **416-736-2100 ext 44552**, or **visit our website:**

SciX.science.yorku.ca

science YORK UNIVERSITY

SciX York University Science Explorations Camps

NOT WANTED

Iggy drops out of Pittsburgh Pride

Sorry, Pittsburgh Pride attendees, you won't be enjoying the musical stylings of one Iggy Azalea. Actually, if you're Pittsburgh city council president Bruce Kraus or one of the groups that cancelled their Pride appearances in protest of Azalea's inclusion, then you're probably not too broken up over the news. The Aussie rapper finally bowed to pressure that her performing at the June 13 event wouldn't be such a hot idea given past remarks she's made on Twitter that came off as homophobic. But don't worry, she's sitting this one out. And she's totally sorry, you guys.

"I am sorry to anyone I have offended or disappointed.
From a statement on Iggy Azalea's Twitter

"This has been a difficult decision, as I truly support the event and LGBTIQA communities. However, I feel my participation at this point would only serve to further distract from the true purpose of the event," she — or more likely her publicist — wrote on Twitter.

"I am a firm believer in equality. Unfortunately in the past as a young person, I used words I should not have. The last thing I want is for something so carelessly said to be interpreted as reflective of my character. I meant no harm and deeply regret ever uttering those words. As an adult I would never use them because I understand they play a detrimental role in the fight for issues that I do truly believe in."

Yeah, she totally didn't write that herself. Also, you know you can delete tweets, right? NED EHRBAR/METRO IN HOLLYWOOD

The infamous artwork for the Sex Pistols' 1977 promotional posters. It just screams 18 per cent APR, doesn't it? AFP/GETTY IMAGES

Sex Pistols fans are really not amused

VIRGIN MONEY

'Hardly punk': Band's artwork to appear on credit cards

Fans of British punk pioneers Sex Pistols reacted angrily on Tuesday after it was revealed that record-sleeve artwork from the anti-establishment icons was to feature on a range of credit cards.

U.K.-based card issuer Virgin Money said it was "time for consumers to put a little bit of rebellion in their pocket," but fans took to Twitter to air their displeasure.

"Filthy lucre, indeed," wrote user John Williams, in reference to the name of the band's 1996 tour.

"I will always love the #SexPistols," said fan Jeff Ericksen. "That being said, having their logo emblazoned on a credit card is hardly punk."

Another tweeter Pierre Kirry quoted lyrics from the band's infamous Anarchy in the U.K. single, writing: "The new #SexPistols credit cards certainly give 'Don't know what I want but I know how to get it' a new spin."

The British flag cover from the 1976 single will adorn one of the new 18.9 per cent APR cards, as will the "ransom note" cover from the band's only studio album, Never Mind the Bollocks.

Virgin Money was founded in 1995 by entrepreneur Richard Branson, who signed the band to his Virgin Records label in 1977.

Filthy lucre, indeed.
A Twitter user on the new range of credit cards

"The Sex Pistols are an iconic band and an important part of Virgin's history," said Branson.

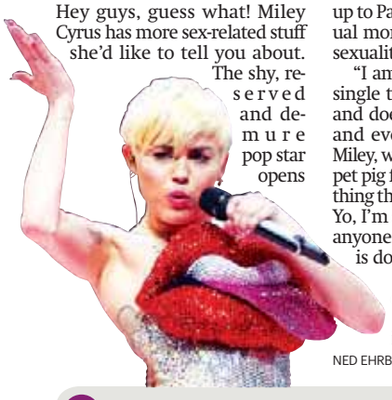
"Virgin Money is a bank that can be proud of its past, and I love the fact that the team have chosen to celebrate it in this way.

"Even after nearly 40 years, the Sex Pistols' power to provoke is undimmed." AFP

'FLUID' SEXUALITY

Miley down for all sorts of gettin' down

Hey guys, guess what! Miley Cyrus has more sex-related stuff she'd like to tell you about. The shy, reserved and demure pop star opens up to Paper magazine about sexual mores and her own "fluid" sexuality.



"I am literally open to every single thing that is consenting and doesn't involve an animal and everyone is of age," says Miley, who posed naked with her pet pig for the magazine. "Everything that's legal, I'm down with. Yo, I'm down with any adult — anyone over the age of 18 who is down to love me."

That's probably a lot of people, ma'am. You might want to narrow it down a bit more. NED EHRBAR/METRO

BABY WATCH

Mumford may soon have an actual son

Carey Mulligan and her Mumford and Sons husband, Marcus Mumford, are reportedly expecting their first child, and the jokes really just write themselves for this one.

"They weren't planning on announcing, but she hasn't stopped working," a source tells Us Weekly of Mulligan, who is currently starring alongside Bill Nighy in Skylight on Broadway.

"Everybody around her is being very supportive. The show ends soon, and they're going back to England after."

But if this baby ends up being a girl, will Mumford have to change his band's name? NED EHRBAR/METRO

UNUSUAL PITCH

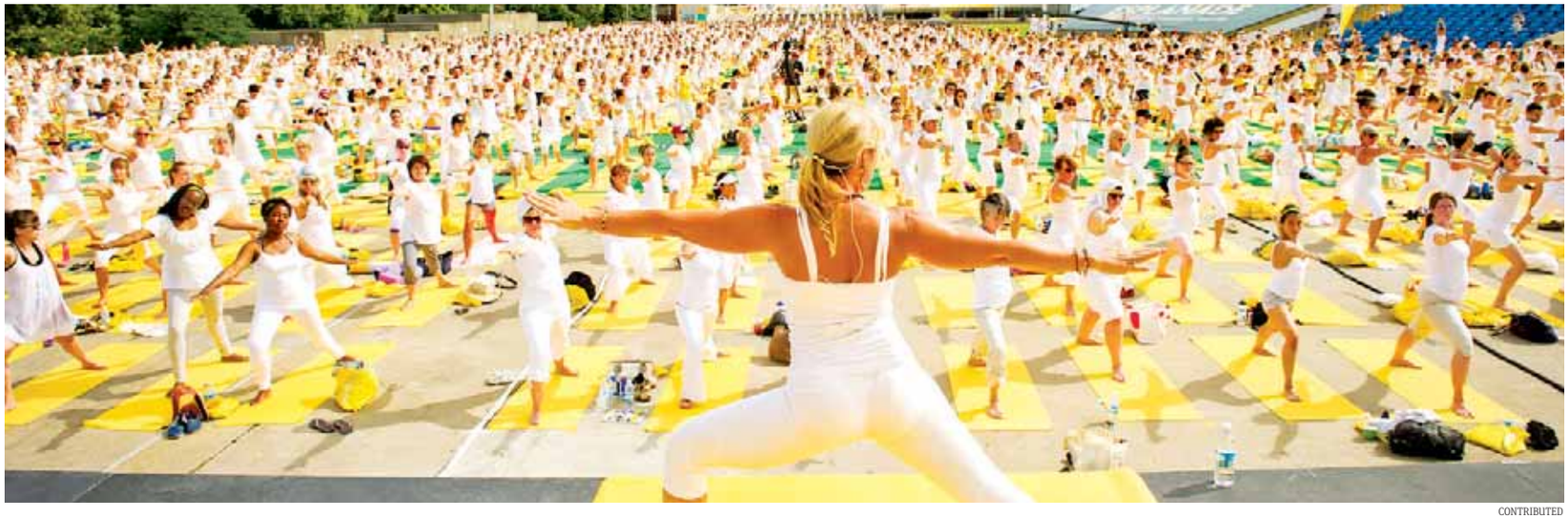
Amy Poehler says Pixar's Inside Out will get you laid

Most men wouldn't immediately think a Pixar animated film about the inner emotional life of an 11-year-old girl would be the best way to get a girl in the mood, but Inside Out star Amy Poehler insists it's a can't-lose date tactic.

"This is the first time I've said this, but I actually think this movie is a good date movie," Poehler tells E! News.

"Because I think you could go on a date and then you could talk about your feelings afterward. A woman's very vulnerable after she cries. It's a good time to swoop in.

"If there's any takeaway, it's take your ladies to Inside Out. She will cry. Take her to a nice dinner and you will close that deal. I guarantee it. Disney wanted me to tell you that." NED EHRBAR/METRO



CONTRIBUTED

Lolë White Tour stopping at Fort York

International event brings thousands of yogis together

Yogis and yoga first-timers put on something white because the international Lolë White Tour is back for a fifth year.

Thousands of Torontonians are expected at the Fort York National Historic Site on Aug. 22 for a massive yoga session guided by famed instructors and accompanied by world-renowned musicians. Participants are invited to dress in white and experience the sport and meditative beauty of yoga. The event will be held outdoors, rain or shine, against the backdrop of a magnificent historic site and the city's downtown.

This is the event's fifth edition. Since its inaugural edition in 2011 at Montreal's Olympic Stadium on the grounds of the Sun Life Financial esplanade, and after visiting numerous other cities worldwide thereafter, the Lolë White Tour continues to gather steam while remaining true to its original purpose: Creating an event that brings together yoga beginners, experts, and first-timers, in a green space for a unifying, uplifting experience aimed at finding inner peace and promoting wellbeing, both in nature and within the city.

RENOWNED INSTRUCTORS AND ARTISTS

Once again this year, participants will be led by yoga teachers known for their thousands of hours of training and their community involvement, such as Grace Dubery, who will guide yoga experts and beginners alike through an energizing session. They will be accompanied by musical artists and their inspiring sounds and rhythms.

SIGN UP AND ENJOY THE STAR TREATMENT

After the outdoor yoga session, a complimentary healthy picnic in the form of a vegetarian lunchbox will be offered by OIKOS. Participants will also receive a free yoga mat and Lolë gift bag.

Only ticket holders will be admitted to the site. Be sure to book your spot online, directly at the Fort York site or in-store at the Lolë Toronto location (88 Yorkville Ave.) There are numerous packages to choose from matching the experience that's right for you so you can live this unique event to the fullest.

Packages range from $30 to $115. Check them out at lolewomen.com/lolewhitetour.

DRESS IN WHITE

It is true that the size of the yoga session (3,000+ people are expected in Toronto) is among the distinguishing features of the event, but so are its simplicity and serenity. Everyone is invited to wear a white outfit as a symbol of peace.

Nothing to wear? Drop by one of our Lolë ateliers or visit lolewomen.com for a vast selection of white kits. Lolë clothing for today's active woman inspires wellbeing through a lifestyle that balances urban living and nature. The company designs all of its activewear in Montreal.

YOGA WORLDWIDE

Toronto isn't the only stop on the 2015 Lolë White Tour. After Paris in June and Toronto in August, the tour will be spreading the love of yoga in the U.S. Will you be there?

- Paris | June 21 | Eiffel Tower
- Whistler | July 18 | Olympic Plaza
- Montreal | Aug. 8 | Old Port
- Toronto | Aug. 22 | Fort York
- New York | Sept. 2 | Central Park
- Los Angeles | Nov. 7 | Santa Monica Pier

For 2016, the Lolë White Tour will even travel to Cambodia, for the tour's first ever stop in Asia, thus making it a truly international event.

2015 LOLË WHITE TOUR TORONTO EDITION

Fort York: 250 Fort York Blvd.
Toronto, Ont., M5V 3K9
Aug. 22, 2015, 8 a.m. to 2 p.m.

#LOLEWHITE

Instagram: @LoleWomen
Twitter: @LoleWomen, @LoleWhite
Facebook: Facebook.com/LoleWomen

WHEN YOU CAN
PURCHASE FINANCE† OR LEASE††
SO MANY 2015 MODELS

STARTING FROM **0%** APR

*IT'S **EASY** TO GET INTO A **FORD***

Titanium Model Shown

THE REDESIGNED 2015 **FOCUS** SE
With Automatic Transmission

WITH FEATURES YOU EXPECT
- AIR CONDITIONING
- CRUISE CONTROL
- POWER WINDOWS/LOCKS
- 16" PAINTED ALUMINUM WHEELS

AND SOME YOU DON'T
- SYNC® VOICE-ACTIVATED COMMUNICATIONS AND ENTERTAINMENT SYSTEM
- REAR VIEW CAMERA

LEASE FOR ONLY **$215** PER MONTH @ **0%**** APR
FOR **48** MONTHS WITH **$1,195** DOWN PAYMENT. OFFER EXCLUDES TAXES.

THAT'S LIKE **$99**‡ BI-WEEKLY

2014'S #1 SELLING MID-SIZED SEDAN IN CANADA^

Titanium Model Shown

#1 SELLING SUV IN CANADA FOR THE PAST 8 YEARS^x 2007–2014

Titanium Model Shown

2015 **FUSION** SE FWD

PURCHASE FINANCE FOR ONLY **$143** BI-WEEKLY @ **0.99%**· APR

OR OWN FOR ONLY **$26,099**-

FOR **84** MONTHS WITH **$0** DOWN PAYMENT. OFFER EXCLUDES TAXES.

FEATURES
- REAR VIEW CAMERA
- AIR CONDITIONING
- CRUISE CONTROL
- SYNC® VOICE-ACTIVATED COMMUNICATIONS AND ENTERTAINMENT SYSTEM
- EASY FUEL® CAPLESS FUEL FILLER

2015 **ESCAPE** SE

LEASE FOR ONLY **$280** PER MONTH @ **0%**·· APR

THAT'S LIKE **$129**‡ BI-WEEKLY

FOR **48** MONTHS WITH **$1,195** DOWN PAYMENT. OFFER EXCLUDES TAXES.

FEATURES
- AIR CONDITIONING
- REAR VIEW CAMERA
- EASY FUEL® CAPLESS FUEL FILLER
- SYNC® VOICE-ACTIVATED COMMUNICATIONS AND ENTERTAINMENT SYSTEM
- ADVANCETRAC® WITH ROLL STABILITY CONTROL™

RECYCLE YOUR RIDE◊ IS BACK

Recycle your eligible 2008 or older vehicle and get between **$1,000 - $2,500** towards most new 2015 Ford Vehicles.

BEST SELLING AUTOMOTIVE COMPANY IN CANADA
5 YEARS IN A ROW^
2010 - 2014

Our advertised prices include Freight, Air Tax, and PPSA (if financed or leased). Add dealer administration and registration fees of up to $799, fuel fill charge of up to $120 and applicable taxes, then drive away.

SEARCH OUR INVENTORY AT TORONTOFORDDEALERS.CA AND VISIT YOUR TORONTO AREA FORD STORE.

Ford
Go Further

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible rainchecklable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA, GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). †Until June 30, 2015, receive 0% APR purchase financing on new 2014 Edge and 2015 Mustang (excluding 50th Anniversary, Shelby GT350), Flex, Escape, and F-350 to F-550 (Chassis Cabs) models for up to 60 months, and 2015 Focus, Fiesta, Fusion, Taurus, F-250, and F-350 to F-450 (excluding Chassis Cabs) models for up to 72 months to qualified retail customers on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: $25,000 purchase financed at 0% APR for 36/60/72 months, monthly payment is $694.44/$416.66/$347.22, cost of borrowing is $0 or APR of 0% and total to be repaid is $25,000. Down payment on purchase financing offers may be required based on approved credit from Ford Credit. "Until June 30, 2015, lease a new 2015 F-150 (excluding Regular Cab XL 4x2 Value Leader) or Fusion for up to 24 months. 2014/2015 Edge or 2015 Flex for up to 36 months. 2015 Focus, Taurus, or Escape for up to 48 months, and get 0% APR on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease a model with a value of $30,000 at 0% APR for up to 24/36/48 months with an optional buyout of $15,600/$13,200/$10,800 and $0 down or equivalent trade-in, monthly payment is $600.00/$466.67/$400.00, total lease obligation is $14,400.24/$16,800.12/$19,200.00, interest cost of leasing is $0 or 0% APR. Additional payments required for PPSA (RDPRM for Quebec), registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Some conditions and mileage restrictions apply. Excess kilometrage charges are 12¢ per km for Fiesta, Focus, C-MAX, Fusion and Escape; 16¢ per km for E-Series, Mustang, Taurus, Taurus X, Edge, Flex, Explorer, F-Series, MKS, MKX, MKZ, MKT and Transit Connect; 20¢ per km for Expedition and Navigator, plus applicable taxes. Excess kilometrage charges subject to change, see your local dealer for details. ^Until June 30, 2015, lease a new 2015 Ford Focus Sedan SE/Focus Sedan Titanium/Escape SE FWD 2.5L Cargo Package (200A)/Escape Titanium FWD for up to 48 months, and get 0% APR on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease a 2015 Focus Sedan SE/Focus Sedan Titanium/Escape SE FWD 2.5L Cargo Package (200A)/Escape Titanium FWD with a value of $21,344/$27,144/$27,104/$33,254 (after $1,195/$1,195/$1,195/$0 down payment or equivalent trade-in deducted, and including freight and air tax charges of $1,665/$1,665/$1,790/$1,790) at 0% APR for up to 48 months with an optional buyout of $9,067/$11,445/$11,734/$14,317, monthly payment is $215/$286/$280/$380, total lease obligation is $11,515/$14,923/$14,635/$18,240, interest cost of leasing is $0 or 0% APR. Additional payments required for optional features, license, and insurance. All prices are based on Manufacturer's Suggested Retail Price. Some conditions and mileage restrictions of 64,000 km for 48 months apply. Excess kilometrage charges are 12¢ per km for Focus and Escape, plus applicable taxes. Excess kilometrage charges subject to change – see your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. ‡Until June 30, 2015, receive 0.99% APR purchase financing on new 2015 Ford Fusion SE FWD/Fusion Titanium AWD model for up to 84 months, to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: 2015 Fusion SE for $26,099/$34,999 (after $0/$1,195 down payment or equivalent trade-in deducted and including freight and air tax charges of $1,700), purchase financed at 0.99% APR for 84 months, monthly payment is $310/$405 (the sum of twelve (12) monthly payments divided by 26 periods) gives payee a bi-weekly payment of $143/$187), interest cost of borrowing is $892/$1,165 or APR of 0.99% and total to be repaid is $26,026/$34,034. Down payment may be required based on approved credit from Ford Credit. All purchase finance offers include freight and air tax and PPSA but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Purchase a new 2015 Fusion SE FWD for $26,099. Taxes payable on full amount of purchase price. Offers include freight and air tax ($1,700) but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturers' Association sales data for Ford and Lincoln. ^Based on Canadian Vehicle Manufacturers' Association sales data for Ford and Lincoln. ^Program in effect from May 1, 2015 to June 30, 2015 (the "Program Period"). To qualify, customer must recycle their vehicle through a Ford dealership by turning in a 2008 model year or older vehicle that is in running condition (able to start and move and without missing parts) and has been properly registered/plated or insured for the last 3 months (the "Criteria"). Eligible customers will receive $1,000 towards a 2014/2015 Edge, Flex and 2015 Fusion, Fusion Hybrid, Fusion Energi, Mustang (excluding 50th Anniversary, Shelby GT350), Explorer, Escape, Expedition, $2,000 towards 2015 Taurus, Transit Connect, E-Series Cutaway, Transit Van, Transit Wagon, Transit Cutaway, F-150 (excluding XL 4x2), and $2,500 towards 2014 F-150 (excluding Raptor) and 2015 F-250 to F-550 (each an "Eligible Vehicle"). Vehicles of 2014 model year may qualify for the offer depending on available inventory – see dealer for details. Taxes payable before incentive amount is deducted. To qualify: (i) customer must, at the time of the Eligible Vehicle sale, demonstrate to the dealer / provide the dealer with sufficient proof of Criteria and a signed original ownership transferring his/her vehicle to the authorized recycler; and (ii) the Eligible Vehicle must be purchased, leased, or factory-ordered during the Program Period. Limit one (1) incentive per Eligible Vehicle sale, up to a maximum of two (2) separate Eligible Vehicle sales if valid proof is provided that the customer has 2 separate qualifying recycled vehicles. Offer is transferable only to persons domiciled with the owner of the recycled vehicle. ©2015 Sirius Canada Inc. "SiriusXM". the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2015 Ford Motor Company of Canada, Limited. All rights reserved.

SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription

metro DRIVE
Your essential daily news

Studio apartment size: the Sin City Hustler, 9.75 metres long and 3.65 metres tall

Volvo keeps wagon relevant

ROAD TESTED

MIKE GOETZ/FOR METRO

REVIEW

Cross Country muscles in on luxury crossovers

Mike Goetz
Metro | Canada

Some car companies can get away with not offering a traditional station wagon, but not Volvo.

And good for us, because Volvo's commitment to keep modernizing the station wagon form has brought us this lovely 2015 V60 Cross Country.

Volvo's entry-level 60 series of sedans (S60), crossovers (XC60), and wagons (V60) debuted back in 2011, and received a major mid-cycle revision for 2015.

AWD versions of Volvo V60 are called Cross Country, and are raised 65 mm higher than FWD V60 versions.

Cross Country is also fitted with 18-inch wheels and skid plates, to signify its off-road prowess, and also gets squared-off "fender extrusions," which makes it look kind of Jeepy.

Our top-shelf Platinum model ($50,400 MSRP) was outfitted with the impressive Technology Package ($1,500), which threw on Adaptive Cruise with Queue Assist, Collision Warning (with Full Auto Brake), Pedestrian and Cyclist Detection (with Full Auto Brake), Distance Alert, Driver Alert Control, Lane Departure Warning, Lane Keeping, and Speed Limit Information, which makes speed limit signs appear magically in the dash.

But the feature I liked best is the Cross Country exclusive sport seats rendered in black leather and brown stitching. They are just wonderful: easy to look at and touch, supportive, supremely comfortable.

The whole design manages to be Scandinavian and clean and easy to use, featuring an interface that uses actual buttons and switches (versus a touch screen).

On the road, the 2.5-litre turbo "five-cylinder" feels lusty, but the newer 2.0-litre turbo "four" feels almost as lusty, and offers better efficiency. Those all-new 2.0-litre engines are only available (so far) on S60 and XC60.

Handling is better than most crossovers, because of the lower centre of gravity, and a great chassis, which is also adept at delivering a very comfortable and controlled ride — V60 offers a very luxury-car feel on the road.

The V60 Cross Country is not like Volvo wagons of yore, which were famously boxy and big. This is a tidy wagon, with just adequate space in the rear and cargo area (for a wagon). You can't easily throw bikes back there, for example, and the sleek profile takes a bite out of rear headroom space.

THE CHECKLIST | 2015 VOLVO V60 CROSS COUNTRY

THE BASICS

Type. Luxury, five-door, AWD, compact-midsize wagon.
Engine (hp). 2.5-litre inline turbocharged five-cylinder (250).
Transmission. Six-speed automatic.
Price. Base $44,100 (plus destination).

POINTS

- Based on the new 60 range of Volvo sedans, but not available with their newer 2.0-litre turbocharged four-cylinder engines.
- An IIHS Top Safety pick, for achieving top-level crash protection in each of the institute's five crash tests.

MIKE GOETZ/FOR METRO

COOL FEATURES

- Volvo's interface relies on a controller and switches (not a touch screen).
- One of the more comfortable and best-looking front seats in the business.
- Front and rear skid plates, and Hill Descent Control, increases off-road capability.

MARKET POSITION

- All-wheel drive version of the V60 station wagon.
- An alternative to compact luxury crossovers, such as Volvo's own XC60.
- For those who gravitate toward understated Scandinavian style, and top safety features.

THE COMPETITION

BMW 3 Series Touring
Base price: $45,200

Subaru Outback
Base price: $27,995

Audi A4 allroad quattro
Base price: $47,300

TOYOTA On the Park
3 DAY sales EVENT
3 FANTASTIC CHOICES, 1 DEALERSHIP JUNE 11TH, JUNE 12TH & JUNE 13TH
HURRY IN!
up to $4000 in cash rebates
1,500 CASH REBATE
2015 Rav4**
All in Lease $125 @ 1.99%
All in Finance $160 @ 2.99%
All in Price $26,229
$2000 CASH REBATE
$500 FINANCE CASH ASSIST
UP TO $800 LEASE ASSIST
2015 Corolla*
All in Lease $69 @ 0.99%
All in Finance $100 @ 0.99%
All in Price $17,589
CHOOSE 1 OF 3 OPTIONS:
· 2 YEAR FREE MAINTENANCE PACKAGE
· $500 GAS CARD
· $500 ACCESSORY PACKAGE.
THE LEGENDARY SALE IS BACK!!
Thank you to our customers for voting us #1 Toyota dealer in the country
TOYOTA RED TAG DAYS
1077 LESLIE ST., TORONTO, ON
(Leslie & Eglinton)
1-888-475-7346
TOYOTA On the Park
ALWAYS OPEN AT
toyotaonthepark.ca
*Corolla CE: Semi-monthly for 60 months with $2000 down payment when you apply the $800 lease assist. Includes freight and fees, HST extra. 2015 Camry LE: All in Lease payment is semi-monthly for 60 months with $2000 down payment when you apply the $500 customer incentive. Incl udes freight and fees, HST extra. All in Finance is Bi-Weekly for 84 months when you apply the $500 Customer Incentive. Includes freight and fees, HST extra. All in price includes freight and fees. HST extra. 60 months with $1750 down payment. Includes freight and fees, HST extra, $250 Lease assist. . All in . finance payment is bi-weekly for 84 months. includes freight and fees. Cash rebate only available on cash purchases. LE, S and LE ECO models only. Rebate does not apply to FWD LE models. *Rav4 LE FWD: . All in lease payment is semi-monthly for 60 months with $1750 down payment. Includes freight and fees, HST extra, $250 Lease assist. . All in . finance payment is bi-weekly for 84 months, includes freight and fees, HST extra. All in price includes freight and fees, HST extra. Cash rebate is only available on cash purchases. *_ Offer applies on approved credit to retail customers who purchase and take delivery by June 30, 2015.

Select few to get to own Mirai

E-CARS

Toyota picks 8 dealerships

Only "select, eligible customers" will be considered to own or lease Toyota's hand-built hydrogen fuel-cell e-car, the Mirai (right), when it goes on sale at eight dealerships in California in October. Customers will be selected based largely on how close they live and work to hydrogen fuelling stations. Toyota chose the eight initial dealerships partly because of their proximity to such stations.

TEXT AND IMAGES BY WHEELBASE MEDIA

HYBRIDS

VW crafts new Beetle concept

Volkswagen engineers have transplanted the powertrain from a Jetta Hybrid sedan to create a prototype Volkswagen Beetle (right) hybrid concept in a bid to renew interest in the retro hatchback. The hybrid Beetle employs a 1.4-litre turbocharged four-cylinder gasoline engine and a seven-speed transmission, with an electric motor between them, to drive the front wheels.

THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

PRODUCTION

New targets for EV makers

Global automakers are readying a new generation of mass-market electric vehicles (EVs) with more than twice the driving range of today's Nissan Leaf (left). They're betting technical breakthroughs by battery suppliers will jump-start demand, reports industry watchdog Automotive News. At least four major automakers — General Motors, Ford Motor Co., Nissan Motor Corp. and Volkswagen AG — will challenge Tesla Motors to be first to field affordable EVs that will travel up to 320 kilometres between charges. They're working to a tight deadline: in 2018, California and eight other states will require automakers to meet much higher sales targets for zero-emission vehicles, and federal rules on reducing fuel consumption and greenhouse gases will become stricter.

NEW CARS

Malibu eschews plug-in capacity

Chevrolet's 2016 Malibu mid-size sedan (right) will take the Chevy Volt's ground-breaking gas/electric powertrain to the masses minus, at least for now, its plug-in capability. Chevrolet says the car will be capable of travelling at least 72 kilometres per U.S. gallon (5.2 litres/100 km) without the need to plug it in. It will deliver that higher mileage thanks to a direct-fuel-injection 1.8-litre four-cylinder gasoline engine mated to a two-motor electric drive unit. A 1.5-kilowatt lithium-ion battery pack will store electrical energy for the battery when it's needed.

TOP 10

Most EV-friendly U.S. cities named

Some parts of the U.S. have embraced electric vehicles more than others, observes ChargePoint. The network charging station developer has compiled a Top 10 EV-friendly list in each of the past four years, based on the number of EVs registered and the growth of its own available charging stations. San Francisco's Bay Area tops the list, followed by Los Angeles, Seattle, San Diego, Honolulu, Austin, Detroit, Atlanta, Denver, and Portland, Ore.

HONDA

Honda CHECKERED FLAG EVENT

OUR BIGGEST EVENT OF THE YEAR IS ENDING SOON!

GET A $750 VICTORY LAP LEASE BONUS*

ON ALL LEASED 2015 CIVIC MODELS (EXCEPT CIVIC HYBRID)

17 CIVIC | Canada's best-selling car 17 years in a row.**

MODEL FB2E2FEX

2015 CIVIC DX FROM

$39 @ 0.99% APR $0 DOWN PAYMENT /OAC $0 SECURITY DEPOSIT

WEEKLY LEASE FOR 60 MONTHS[Ω]. EXCLUDES LICENSE AND HST.

MODEL CR2E3FE

2015 ACCORD LX FROM

$62 @ 0.99% APR $0 DOWN PAYMENT /OAC $0 SECURITY DEPOSIT

WEEKLY LEASE FOR 60 MONTHS[Ω]. EXCLUDES LICENSE AND HST.

MODEL RM3H3FES

NEW 2015 CR-V LX FROM

$70 @ 1.99% APR $0 DOWN PAYMENT /OAC $0 SECURITY DEPOSIT

WEEKLY LEASE FOR 60 MONTHS[Ω]. EXCLUDES LICENSE AND HST.

YOUR ONTARIO HONDA DEALERS PRESENT

Honda FANFRIDAY

IN SUPPORT OF MAKE-A-WISH Canada

FAN FRIDAY - JUNE 12, 2015

Feel the excitement of the Honda Indy Toronto during Fan Friday! Your admission is paid courtesy of your Ontario Honda Dealers in exchange for your cash donation to Make-a-Wish® Canada[Δ]. We hope to see you trackside.

HondaOntario.com
Ontario Honda Dealers

LEASE PAYMENTS INCLUDE FREIGHT AND PDI.
DEALER ORDER/TRADE MAY BE NECESSARY.

Honda Indy TORONTO
JUNE 12 - 14, 2015

PROUD SPONSOR OF THE HONDA INDY TORONTO
FOR TICKETS AND A FULL FESTIVAL SCHEDULE VISIT HONDAINDY.COM

HONDA

Limited time weekly lease offers available through Honda Financial Services Inc. (HFS), to qualified retail customers on approved credit. Weekly payments include freight and PDI (ranges from $1,495 to $1,695 depending on model), EHF tires ($28.45), EHF filters (ranges from $1.00 to $1.55 depending on model), A/C charge ($100 except Civic DX models), and OMVIC fee ($5). Taxes, license, insurance and registration are extra. ΩRepresentative weekly lease example: 2015 Civic DX Sedan (Model FB2E2FEX) // 2015 CR-V LX 2WD (Model RM3H3FES) // 2015 Accord LX Sedan 6MT (Model CR2E3FE) on a 60 month term with 260 weekly payments at 0.99% // 1.99% // 0.99% lease APR. Weekly payment is $38.96 // $69.90 // $61.95 with $0 down or equivalent trade-in and $1,100 // $400 // $550 total lease incentive included. Down payments, $0 security deposit and first weekly payment due at lease inception. Total lease obligation is $10,130.11 // $18,173.41 // $16,107.41. 120,000 kilometre allowance; charge of $0.12/km for excess kilometres. PPSA lien registration fee of $45.93 and lien registering agent's fee of $5.65, due at time of delivery are not included. *$750 Victory Lap Lease Bonus offer will be deducted from the negotiated price after taxes and can be combined with advertised lease rates and applies to retail customer lease agreements for new 2015 Honda Civic models (except Civic DX and Civic Hybrid) concluded between June 2nd, 2015 and June 30th, 2015 at participating Ontario Honda Dealers. For all offers: license, insurance, other taxes (including HST) and excess wear and tear are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may lease for less. Dealer order/trade may be necessary. Colour availability may vary by dealer. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. **Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2014. ΔAll visitors 12 years of age and under are to be accompanied by an adult when entering and while on site.

Special Delivery: Camry XSE

What test car is Garry bringing us this week? We literally have no clue what he's bringing us until it lands in our driveway, but who are we to doubt Garry Sowerby, who has a bazillion Guinness records for around-the-world driving? That's a bazillion more than we have, after all. Come along for the ride as we deliver real-life, no-glam reviews.

JEFF MELNYCHUK WHEELBASE MEDIA

Have you ever heard of a truly sexy Toyota? Yeah, me neither.

They're usually for robotic suburbanites who gave up their, ahem, souls, when they got married and had 2.5 kids. (Comments like that are likely why I'm divorced, but I digress.)

Yet, the Camry sedan has been a consistent bestseller for obviously bizarre-to-me reasons that have nothing to do with style or fun. Boring old reliability is an important purchase incentive, I'll admit, as is functionality, but there are plenty of choices out there that meet that very basic criteria while looking a damn sight sexier than the Camry. The Ford Fusion for one, and the Mazda6 for another.

But there is something a little different about the car that Garry has dropped off. It has a big mouth. Huge. Like, the alien from the movie Predator.

I guess I'm not the only one who wonders what the attraction to the Camry is, because for 2015, Toyota has redesigned it to have more of what you all have apparently been pining for.

Don't all Camrys come in beige, white or silver? WHEELBASE MEDIA

Camry defined

"Expressive. Athletic. Exciting. Yes, it's a Camry," reads the company's press release. Suburbia has spoken. Softly, but, still.

Now, normally, that kind of marketing claim has me face-palming, but actually not so much here. This Camry has nearly 2,000 parts that are either all new or redesigned, with the roof being the only carryover sheet metal. Everything else is changed and mostly for the better.

The loudest visual cue is that giant grille, but it's a design audacity that unfortunately doesn't carry through with the rest of the car.

Deserving special mention is the paint. The Blue Crush Metallic is smooth. It's nice that after 100 years, an automaker has finally figured out how to paint a car properly. And it's blue. I thought that all Camrys were beige, silver or white. Really, have you ever seen a red or black Camry?

Inside, Toyota stuck to basics with big knobs and buttons and a very simple and intuitive 4.2-inch centre stack touch screen. Thank you for that.

LET'S TALK ABOUT THE CAMRY XSE

WOW: Good on gas, good acceleration, good room and all that boring stuff; it's a good-looking ride, though; the Camry XSE interior turned out nicely and the driving experience is competent, but ...

HMM: Is competent worth a premium? The rest of the car's exterior has to be brought along to meet that mouth; small brakes; and the Camry XSE faces tough competitors in this price range.

Powerplant options are carryover. Standard is a 178-horsepower 2.5-litre four-cylinder with a 268-horsepower 3.5-litre V6 optional. The third choice is the Camry Hybrid with its gas-electric powertrain.

The car Garry has dropped off is the new XSE trim, which has model-specific 18-inch wheels, higher-rate (stiffer) coil springs, special shock absorbers, firmer bushings, unique electric power steering tuning and 225/45R18 all-season tires.

Available in both four-cylinder and six-cylinder versions, and in front-wheel drive only, the XSE injects some much-needed driving dynamics into the Camry.

This one is the decked-out V6 version (about 35 grand plus tax) and it indeed drives better — although not spectacular — with a swanky leather interior, so mission accomplished there Toyota.

FAR LEFT: High-end accommodations, pretty trim.

LEFT: Room for three, but built for two. WHEELBASE MEDIA

CHEVROLET

GET 20% CASH CREDIT OF MSRP = $10,518

ON SELECT 2015 VEHICLES IN STOCK THE LONGEST.[1]

CASH CREDIT ON SILVERADO CREW CAB LTZ Z71

INVENTORY IS LIMITED SO VISIT YOUR DEALER TODAY. ENDS JUNE 28TH.

2015 SONIC

E.g.: $3,899
CASH CREDIT ON SONIC LT 5 DOOR
$19,494 MSRP

20% OF MSRP CASH CREDIT
ON SELECT 2015 MODELS IN STOCK THE LONGEST

2015 TRAX

E.g.: $5,242
CASH CREDIT ON TRAX LT AWD
$26,210 MSRP

2015 CRUZE

E.g.: $4,298
CASH CREDIT ON CRUZE LT AIR & AUTO
$21,490 MSRP

2015 EQUINOX

E.g.: $6,374
CASH CREDIT ON EQUINOX LT AWD
$31,870 MSRP

2015 MALIBU

E.g.: $5,721
CASH CREDIT ON MALIBU LT + PCN
$28,605 MSRP

2015 SILVERADO 1500

E.g.: $10,518
CASH CREDIT ON SILVERADO CREW CAB 2LZ
$52,590 MSRP

2015 IMPALA

E.g.: $6,971
CASH CREDIT ON IMPALA 2LT + PCP
$38,855 MSRP

CAN'T FIND WHAT YOU'RE LOOKING FOR AT 20%? TRY THESE OFFERS:

TRADE IN TRADE UP - BONUS -

UP TO $2,500

Trade in ANY '08 or older vehicle towards a new Silverado. Maximum credit is for Silverado HD. All credits include Owner/Conquest Cash.[2]

0% LEASING UP TO 48 MONTHS

FINANCING UP TO 84 MONTHS on other vehicles [3/4]

ALL 2015s COME WITH CHEVROLET COMPLETE CARE:

- 2 YEARS/40,000 KM COMPLIMENTARY OIL CHANGES**
- 5 YEARS/160,000 KM POWERTRAIN WARRANTY▲
- 5 YEARS/160,000 KM ROADSIDE ASSISTANCE▲

CHEVROLET

FIND NEW ROADS™ / chevrolet.ca

Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to $799 for Dealer fees.***

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. ***Air levies included. Freight & PDI ($1,600/$1,600/$1,650/$1,695/$1,650/$1,650/$1,650), registration, tire levies and OMVIC fees, insurance, licence, PPSA, dealer fees and applicable taxes not included in 20% offers. Offers apply as indicated to 2015 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited; dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. **The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014 MY Chevrolet, Buick or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 km, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top-offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details. ▲Whichever comes first. See dealer for limited warranty details. **1** Applies to oldest 15% of dealer inventory as of June 2, 2015. Valid June 5, 2015 – June 28, 2015 on cash purchases of select vehicles from dealer inventory. Not compatible with special lease and finance rates. Credit is tax exclusive and is calculated on vehicle MSRP, excluding any dealer-installed options. By selecting lease or finance offers, consumers are foregoing this cash credit which will result in higher effective interest rates. Dealer may sell for less. Offer may not be combined with certain other consumer incentives. GMCL may modify, extend or terminate this offer, in whole or in part, at any time without notice. See dealer for details. **2** Trade In, Trade Up Bonus is available towards the purchase/finance/lease of a 2015 MY Silverado LD ($1,000) or HD ($1,500) and is tax inclusive. To be eligible, a 2008 MY or older vehicle must be traded in to the selling dealer. The maximum available credit of $2,500 applies to 2015 Silverado HD and consists of $1,000 conquest/loyalty credit and $1,500 Trade In, Trade Up Bonus. Offer valid until June 30, 2015. **3** 0% leasing for 24/36 months available on 2015 Chevrolet Malibu, Impala, Trax & Silverado 1500; for 24/36/48 months available on 2015 Chevrolet Sonic & Cruze; on approved credit to qualified retail customers by GM Financial. Down payment, trade and/or security deposit may be required. Example: Based on a purchase price of $17,450 (including $1,000 lease credit, and $442 owner cash) for a 2015 Chevrolet Cruze LS 1SA. Bi-weekly payment is $90 for 24 months at 0.0% APR, on approved credit to qualified retail customers by GM Financial. Annual kilometre limit of 20,000 km, $0.16 per excess kilometre. OAC by GM Financial. Monthly/bi-weekly payments may vary depending on down payment/trade. A down payment or trade of $0 and/or $0 security deposit is required. Total obligation is $4,696. Option to purchase at lease end is $11,312. Price and total obligation exclude license, insurance, registration, taxes, dealer fees and optional equipment. Other lease options are available. Dealers are free to set individual prices. Limited time offer which may not be combined with other offers. See your dealer for conditions and details. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. **4** 0% purchase financing offered by GMCL for 72 months on 2015 Chevrolet (Sonic/Cruze LS, LT, LTZ, ECO/Malibu LT, LTZ/Equinox). O.A.C by RBC Royal Bank/TD Auto Finance Services/Scotiabank. Rates from other lenders will vary. Example: $10,000 at 0% APR, monthly payment is $119.05 for 84 months. Cost of borrowing is $0, total obligation is $10,000. Down payment and/or trade may be required. Monthly/bi-weekly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade.

Pirelli to roll out 'smart' Cyber Tire

DRIVING FORCE

Technology assesses force, road surface, level of friction

Jil McIntosh
For Metro

The Ferrari FXXK race car uses the Pirelli Cyber Tire, which will eventually be available to consumers. PIRELLI

Sensors inside the Pirelli Cyber Tire send information about the tire's grip to the car's computers. PIRELLI

Safety systems such as anti-lock brakes and stability control do a good job of protecting occupants from potential crashes, but they have one weak point: They don't know how well the tires can perform.

If the tread is worn, if it's the wrong tire for the season, or if the road surface is slippery, these safety systems won't be as effective.

And it's going to be even more of an issue in self-driving cars, which may not realize they have to brake sooner or slow down in a curve to compensate for reduced tire grip.

Pirelli is working to solve the issue with its upcoming Cyber Tire, which will gather this vital information and warn the driver to be more cautious in a conventional car, or work in conjunction with an autonomous car's driverless systems.

"The system is able to measure exactly the level of friction and the level of grip, depending on the tread depth and quality of tire you have installed," says Giorgio Audisio, Pirelli's director of cyber technology. "If you are able to measure it, you can adjust the vehicle speed when you are on a wet road or on the snow."

Many vehicles now contain tire pressure monitoring systems, which warn if a tire needs air. In addition to this, the Cyber Tire's internal sensors measure such things as lateral and downward force on the tire, the type and condition of the road surface, the tire's angle, its wear, and how much of it is actually touching the road to determine its level of grip.

The car's computers continually monitor the tire's data, and send a warning to the driver if he or she is driving too fast for the conditions.

In an autonomous car, the information from the Cyber Tire and the computers would go directly to the car's systems. The car might slow itself down, apply the brakes sooner, or take a curve more carefully if required.

This is especially important because these systems are limited by the amount of data they process.

The car might know it needs to start braking when another vehicle slows down in front of it, but if it doesn't realize its tires are worn or the road is wet, its programmed stopping distance may not be enough to avoid a collision.

"The most important function of an intelligent tire is related to the safety of the vehicle," Audisio says.

"If we can measure the grip, we know the maximum safe speed in which the vehicle can go."

LIMITED TIME OFFER
ONLY UNTIL
JUNE 30

SEASON TO
DRIVE

More powerful.
More efficient.
More intuitive.

With impressive standard features including Jewel Eye™ LED Headlights, a 279-hp, 3.5-litre engine, Variable Cylinder Management® to improve fuel economy, and our award-winning AcuraWatch™ safety system, the restyled 2016 Acura RDX has arrived. Go beyond utility.

2016
RDX
Starting from $41,990*

Lease the 2016 RDX from
$268† Bi-weekly | $0 Down | 2.9% 36-month lease

ACURA
acura.ca

*Selling price is $41,990 on a new 2016 RDX (TB4H3GJNX). Price excludes $1,995 freight and PDI, fees, license, insurance, registration and taxes. †Limited time lease offer based on a new 2016 Acura RDX (TB4H3GJNX) available through Acura Financial Services on approved credit. Representative lease example: 2.9% lease rate for 36 months (78 payments). Bi-weekly payment is $268 (includes $1,995 freight & PDI) with $0 down payment. 16,000 km allowance/year; charge of $0.15/km for excess kilometres. Total lease obligation is $20,904. Offer includes freight and PDI of $1,995 and applicable fees but does not include lien registration fee of $36.00 in Quebec and up to $70.75 in other regions, and lien registering agent fee of $5.00, which are due at time of delivery. Taxes, insurance, license and registration fees (all of which may vary by region) are extra. Some terms/conditions apply. Model shown for illustration purposes only. Offers end June 30, 2015 and are subject to change or cancellation without notice. Dealer may sell/lease for less. Dealer order/trade may be necessary. While quantities last. Visit acura.ca or your Acura dealer for details. © 2015 Acura, a division of Honda Canada Inc.

The end
OF THE ROAD FOR GRIME.

HIS MAGIC ERASER SCRUBS AWAY THE TOUGHEST GRIME WITH EASE.

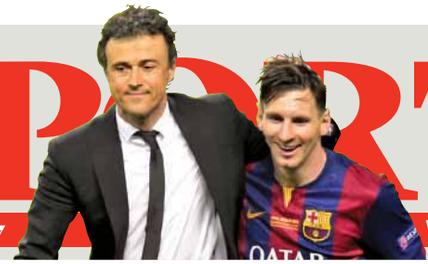
FOR RIMS + INTERIOR + GLASS

Wet before use. Not recommended for vehicle body, high gloss or upholstered surfaces. Use as directed.

WHEN IT COMES TO CLEAN THERE'S ONLY ONE Mr.

© 2014 P&G.

metro SPORTS



Barcelona extended coach Luis Enrique's contract through 2016-17

Wednesday, June 10, 2015

IN BRIEF

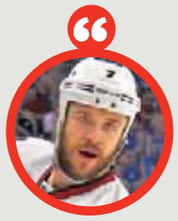
Giants rookie throws no-hitter vs. Mets

Chris Heston pitched a no-hitter Tuesday night and came within three hit batters of a perfect game in the San Francisco Giants' 5-0 win over the New York Mets.

The 27-year-old rookie hit Ruben Tejada and Lucas Duda in the fourth inning during a span of three pitches and plunked Anthony Recker in the ninth. THE ASSOCIATED PRESS

Blashill graduates from AHL to take Red Wings job

Jeff Blashill was promoted from head coach of the Grand Rapids Griffins to the bench boss role with the Red Wings on Tuesday, ending the coaching search that began when Mike Babcock left to join the Maple Leafs. THE ASSOCIATED PRESS



I think we play our best games when our backs are up against the wall.

Defenceman Brent Seabrook whose Blackhawks fell behind 2-1 in the Stanley Cup final against the Tampa Bay Lightning with Monday night's 3-2 loss at home. Chicago faced the same deficit last round against Anaheim and in the 2013 Cup final against Boston.

Since Joel Quenneville took over as coach, the Blackhawks are 30-30 in Games 1-3 but are an incredible 40-14 in Games 4-7.

NBA FINALS

Go to metronews.ca for coverage of the Game 3 of the Finals.

WOMEN'S WORLD CUP FRANCE STRONG-ARMS ITS WAY PAST ENGLAND England defender Laura Bassett, left, and France midfielder Camille Abily vie for the ball during a Group F match at the Women's World Cup in Moncton, N.B., on Tuesday. Eugenie Le Sommer scored in the 29th minute to help France to a 1-0 win. Sarah Bouhaddi had a clean sheet in the tournament opener for both teams. Also in Group F action on Tuesday, Colombia and Mexico played to a 1-1 draw. Meanwhile in Group E play in Montreal, Spain and Costa Rica tied 1-1, and Brazil defeated South Korea 2-0. FRANCK FIFE/AFP/GETTY IMAGES

Canada's Bélanger called upon to get defensive

WOMEN'S WORLD CUP

Normally a forward, Quebecer fills void at fullback

Two games into an unexpected stint as a fullback, Canada's Josée Bélanger looks right at home.

The converted forward has stepped up since being called on due to injuries to Rhian Wilkinson (hamstring) and Marie-Eve Nault (calf).

Bélanger set up Sophie Schmidt's goal in a 1-0 win over England in Canada's final outing before the Women's World Cup. And the 29-year-old from Coaticook, Que., rattled a shot off the crossbar in Canada's 1-0 win over China in the tournament opener Saturday.

And like Allysha Chapman on the left side, the pacey Bélanger has consistently charged up the flank. Both fullbacks played important roles against China as Herdman went to a more offensive 3-4-3 formation late in the game, pushing the fullbacks up high to press for the go-ahead goal.

As with most of his players on the day, Herdman saw positives and negatives in their play.

"Brilliant. It was great to watch Chapman and Bélanger join in and bring that modern

Whatever the team needs, I'll be ready.

Josée Bélanger

fullback to the game," Herdman said. "But at the same time they were a little bit sloppy at times and we're going to work on some of their decision-making. They're the things we keep improving during the tournament."

While Wilkinson and Nault are working their way back to full health, Bélanger has been a welcome temporary fix. And she may be back on the right flank Thursday when eighth-ranked Canada plays No. 17 New Zealand at Commonwealth Stadium.

New Zealand, the team John Herdman left to coach Canada, lost its tournament opener 1-0 to the Netherlands on Saturday. The Football Ferns are 0-9-1 at the World Cup, with Herdman in charge for the lone point earned in 2011.

Herdman tried Bélanger out at fullback during part of a pre-tournament training match with Nigeria at Toronto FC's practice ground. Despite her lack of experience at the position, Bélanger was quick to see ways to use her technique and pace operating at fullback.

"I can combine with the forwards," said Bélanger. "I know a little bit more (about) their runs because I'm a forward. So I know what they're doing and I can join (in) with my speed."

Herdman talked to Bélanger briefly about her new role, but then left her alone. "I think he appreciated the fact that I'm actually not thinking too much and I'm playing on instinct. It actually feels good as a player to play with instinct. You're more in a rhythm." THE CANADIAN PRESS

Ed-wing takes flight in Jays' walk-off win

MLB

Encarnacion's two-run homer in ninth inning sinks Marlins

Edwin Encarnacion hit a walk-off home run in the bottom of the ninth to rally the Toronto Blue Jays to their seventh straight win with a 4-3 victory over the Miami Marlins on Tuesday.

Josh Donaldson led off the inning with a single to right field. After a strikeout to Jose Bautista, Encarnacion hit a shot over the centre-field fence off Miami's A.J. Ramos.

Bautista and Encarnacion also hit sacrifice flies for the Blue Jays (30-30). Jose Reyes was 2-for-4. Reliever Liam Hendriks (2-0) earned the win.

Giancarlo Stanton hit two home runs and Christian Yelich also homered for the Marlins (24-35), while J.T. Realmuto had three hits.

Dan Haren went seven strong innings, giving up two runs on just three hits while striking out seven batters. Ramos was charged with the loss

Toronto starter Mark Buehrle pitched six innings, giving up two runs and six hits with one intentional walk (to Stanton in the fifth inning). He also struck out three batters. Roberto Osuna gave up Stanton's second homer of the game with two out in the seventh inning.

The Marlins outhit Toronto 10-5.

Chris Colabello failed to record a hit, snapping his 18-game streak. THE CANADIAN PRESS

TUESDAY In Toronto

4	3
BLUE JAYS	MARLINS

Edwin Enacarnacion crosses home plate after hitting a walk-off two-run home run for the Blue Jays at the Rogers Centre on Tuesday night. NATHAN DENETTE/THE CANADIAN PRESS

GTA TALENT

Naylor has admirer in Martin

Russell Martin hasn't seen much of Canadian first-round draft pick Josh Naylor — but he has seen his swing.

And that's all it took to convince the Toronto Blue Jays catcher that Naylor is a special talent.

"He's a nice, humble kid but man, he has a lot of power," Martin said in the Blue Jays locker-room on Tuesday before taking on the Miami Marlins — the team that drafted Naylor 12th overall in the MLB amateur draft. "He's got a nice approach at the plate, lots of power, and I think that swing is going to play at the higher level."

Naylor, a 17-year-old from Mississauga, became the highest Canadian position player ever drafted when the Marlins called his name Monday night.

DO YOU HAVE PANIC DISORDER?

Do you Experience Recurrent Attacks of:

- **Sudden, intense anxiety?**
- **Racing Heart?**
- **Shortness of breath?**
- **Sweating?**
- **Trembling?**
- **Thoughts of going crazy and losing control?**

If so, you may be suffering from PANIC DISORDER.

Dr. Smit Sinha is conducting a research study "The Endogenous Opioid System in Panic Disorder" that involves standard treatment.

Study participation is voluntary.

UHN Toronto General Toronto Western Princess Margaret Toronto Rehab

Please contact (416)-340-3156 for more information.

GAMES GEAR NOW AVAILABLE
at the TORONTO 2015 Official Store
Toronto Eaton Centre • Third Floor • Trinity Way
SHOP.TORONTO2015.org
TORONTO2015
Pan Am/Parapan Am

CFL PRE-SEASON ARGOS, BOMBERS FACE OFF UNDER SHADOW OF CN TOWER
The Winnipeg Blue Bombers defend against the Argonauts during first-half pre-season action at the University of Toronto's Varsity Stadium in downtown Toronto on Tuesday night. Winnipeg were the eventual winners 34-27.
FRANK GUNN/THE CANADIAN PRESS

SOCCER NEYMAR RETURNS TO TRAINING IN BRAZIL
Fresh off of Saturday's Champions League victory with Barcelona, Neymar was back in Porto Alegre in his native Brazil on Tuesday training for a match against Honduras ahead of the upcoming June 11-July 4 Copa America. JEFFERSON BERNARDES/AFP/GETTY IMAGES

metro Service Directory

To advertise contact Ian March at 416-443-4388

PSYCHIC

World Spiritual Astrologer & Psychic
Pandit: SRI SAI
I AM BORN TO SERVE PEOPLE
ALL RELIGIONS WELCOMED
100% GUARANTEE
Business * Love * Marriage * Education * Job * Health
Money * Children Mistake * Court * Husband-Wife
Relationship * Sexual & Personal Matters Etc
Removes Black Magic & Gives 100% Life long Protection
Call: 647-272-3586
2895 Derry Rd East, Mississauga ON L4T 1B5 (Airport & Derry)

ISLINGTON ASTROLOGER & PSYCHIC
MASTER: RAGHAV
ANY KIND OF PROBLEM, REMOVED IN 3 DAYS
KNOW YOUR PAST, PRESENT & FUTURE
100% GUARANTEE
Love Psychic * Business * Education * Marriage * Job
Husband-Wife * Sexual * Depression * Divorce * Finance
Health * Wealth * Money * Jealousy * Relationship etc
100% Removal of Black Magic, Jadoo, Voodoo, Jinn etc
Hand Reading $5
FREE READING ON SUNDAYS
2644 Islington Ave., Etobicoke
647-338-9961 M9V 2X5 (Islington & Albion)
TIME: 10 AM - 9 PM

SPIRITUALIST OMAR
Very Powerful Spiritualist, Medium and Healer with a Special Gifted Power to:
- Reunite loved ones, marriage and family.
- Good luck in finding lasting soul mates.
- Help with erectile dysfunction.
- Help with court cases.
- Lucky charm for individuals and business.
- Helps with children and family problems.
- Protection against enemies and evil spirits.
- Helps relieve negative energy.

Thank you Omar for bringing my boyfriend back in my life. We are in a much better place now...we no longer argue and he is very sweet and kind to me. - LISA
CONFIDENTIAL Payment after results
100% guaranteed
647-707-2315

Mr MADOU
African Medium
Help to Solve all your problems. Specialist to Bring back Loved ones in 3 Days. Love, Business, Sexual, Removes Negativity and protects against Enemy. Assisting you in Advance. 100% Guranteed Success.
PAYMENTS AFTER RESULTS
416-371-0104
(Cosburn & Pape Ave)

EDUCATION

ANDERSON COLLEGE
OF HEALTH, BUSINESS AND TECHNOLOGY
Become a Medical Lab Technician
Program Includes Practicum
Financial Assistance May Be Available to Those Who Qualify
Second Career Funding Available to Those Who Qualify
647.691.0901 • 416.466.6107
andersoncollege.com
Robetech Institute Inc. o/a Anderson College of Health, Business and Technology is a Registered Private Career College under the PCC Act 2005.

BECOME AN IMMIGRATION CONSULTANT
(ICCRC ACCREDITED)
647-691-0889
416-969-8845
WWW.AOLTORONTO.COM
Financial Assistance May Be Available to Those Who Qualify
Second Career Training Funding May Be Available
FREE Instructor-Led English Classes
Academy of Learning Career & Business College (Bay/Bloor) is registered as a Private Career College under the Private Career College Act 2005 and is operated by 1069195 Ontario Inc.

HEALTH

ANY PAIN STOP
Right away! 1st visit FREE for proof
FCA (Function Control Acupuncture)
Any pain can be improved right away when the body system is fully functional. For example, stimulate point A with a pen can improve the CHEST pain in a second! 4th finger
Back Neck Sciatica Muscle Migraine Arthritis...All kinds of pain
Insomnia Depression Skin disease Allergy...All disorders
Registered Acupuncturist
FCA Specialist RTCMP CS KIM
696 Sheppard Ave. West
WALK IN CLINIC
416 788 3837

IMMIGRATION

Immigration Concern...?
Call Migration Concerns
* PR Card Renewals
* Sponsorship & Appeals
* Refugee Claims
* Express Entry - "Skilled Worker"
* Super Visa
* CEC Class
* Citizenship Applications
Khalid A. Naseer
CCIC, IPP Graduate
Immigration Counsel
REAL ESTATE CLOSINGS...?
* $449
* Disbursements Apply
Sunny Vincent
LL.B., BL,
Barrister & Solicitor
Ph: 905-232-7222 / 416-831-2477
* A2-20 Dundas St. E, Mississauga (Hwy 10/Dundas)
* 318-1315 Finch Ave. W, Toronto (Keele/Finch)
canadianconcerns@gmail.ca, www.gtaimmigrationlaw.ca

FINANCIAL

MoneyProvider.com
$500 Loan and more
No credit refused
Fast, easy and secure
1-877-776-1660
www.moneyprovider.com

HOME IMPROVEMENT

Harry's PAINTING & DECORATING
1-Bedroom Apt. $420
2-Bedroom Apt. $500
3-Bedroom Apt. $580
Includes materials and paint. Straight ceilings and walls in living room, hall, bedroom, kitchen & bathroom.
647-871-5200
CALL 416-783-7981

LEGAL

DIVORCE
Simple, in weeks*
- Debt collection/ Landlord Tenants
- Small Claims Court
416-880-4600
www.quickform.ca
* By Lawyer, conditions apply

How's the news today?
Join our Online Reader Panel and help make your Metro News even better. Join for a chance to win a $25 gift card.
metronews.ca/panel
metro

FINANCIAL

OVERWHELMED BY DEBT?

CALL THE Licensed Debt Professionals™

GET OUT OF DEBT!

- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, CPA, CA, CIRP, Trustee

FREE Consultation 310-9200

(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy

HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON

www.DavidSklar.com

CALL ERIKA
(LICENSED DEBT EXPERT)

STOP COLLECTION CALLS
GET DEBT RELIEF NOW!

Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.

1-877-332-8416
416-288-8048

Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)

Rusinek & Associates Inc
Trustee in Bankruptcy
www.rusinek.ca

HAVE YOU BEEN WRONGFULLY TERMINATED FROM YOUR JOB?

Free initial consultation
- No fee until we settle -

Call Stephen Ellis
B.A. (Hons.), LL.B, Barrister & Solicitor

Tel : (416) 512 2301
Fax: (416) 512 1887
stephen@ellislaw.ca

LOWEST RATES for bad credit loans since 1984

Need a loan?
FAST Same day loans

Personal loans ▸ Up to $5000 (1 yr on job; $18/hr.min.req.)*
Car paid off? ▸ Up to $20,000 (car 6 years or newer)*

Open loans. Pay off early. Get refund.

416 634-2026
*Call for details and conditions

PrudentLoanApprovals.com
A division of Prudent Financial Services

TOO MANY BILLS... ...GET A FRESH START!

Bankruptcy • Proposals
Debt Counselling

416-740-5400

Toronto • Rexdale
Etobicoke • North York
Don Mills • Bloor West
Scarborough

KEVIN THATCHER & ASSOCIATES LTD.
TRUSTEE IN BANKRUPTCY

905-273-6300 Mississauga • Brampton
1-888-329-5198 www.billfixer.com

FREE CONSULTATIONS
EVENING APPOINTMENTS
FLEXIBLE PAYMENTS

Head Office: Rexdale, others non-resident

DEBT RELIEF

Are you drowning in debts?
I can help you...

- Consolidate debts, no interest
- Settle your debts without a bankruptcy
- Stop collection calls and garnishments
- Get rid of tax debts and court actions

NONA KUMAR
Estate Administrator
Credit Counsellor

Free Consultation: 416.455.7709
Evenings and weekends appointment also available

Rumanek & Co. Ltd. Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON. Offices in Scarborough & Mississauga.

MONEY PROBLEMS?

Make One Small Monthly Payment For All Your Debts!

WE CAN
- Stop Collection Calls
- Reduce your Debts
- Stop Wage Garnishment
- Stop Interest Right Away
- Re-Establish your Credit
- Deal with your Tax Issues

Visit:
GtaCredit.Com

North York (416) 650-1100	Scarborough (416) 754-0011
Mississauga (905) 275-4200	Ajax / Oshawa (905) 426-8400
Brampton (905) 796-3100	Toronto Downtown (416) 489-2000

gta credit

Call for a FREE & CONFIDENTIAL meeting with one of our Govt. Registered Counsellor

WANT YOUR DEBT GONE?

WELKERANDCOMPANY.COM

WE'RE HERE TO HELP

- Erase your debt
- Stop collection calls
- Avoid bankruptcy
- Reduce your stress
- Stop garnishments
- Get a fresh start

1st, 2nd, 3rd Mortgage Secured Loans Approved in 24Hrs

- REFINANCE from 2% (OAC)
- NEW HOME PURCHASE
- HOME EQUITY LOAN

STOP POWER OF SALE!!!
CALL ME NOW!!!

BANK SAYS "NO" ...WE SAY "YES"!!!

CENTUM Mortgage Professionals Corp.

Nella.Centum@gmail.com
www.Centum.ca/Nella_Lanzellotti

Gaetana (Nella) Lanzellotti
License#: M14000424
Centum Mortgage Professionals License#: 10266

CALL OR TEXT 416.992.5104

MR Debt Solutions

Up to 85% debt reduction.

We GUARANTEE to Beat Anyone's Offer by 25% OR We Work for FREE.*

Pay ZERO INTEREST
- Free Credit Check*
- Home Service Available
- Trustees represent your creditors, we represent you.
- Private Loans*

Free $100 Gift Card*

MISSISSAUGA • NORTH YORK • BRAMPTON • SCARBOROUGH
416.424.1510
www.mrdebtsolutions.com
*Conditions Apply

MORTGAGES

1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# 10154

MORTGAGE GENIE
www.mortgagegenie.org
416-667-9834

FREE CONSULTATIONS

647-793-6411

MAIN OFFICE: 1969 WESTON ROAD, TORONTO
TORONTO | BRAMPTON | MISSISSAUGA | SCARBOROUGH | BARRIE

WELKER AND COMPANY

Federally Licensed: Proposal Administrator & Trustee in Bankruptcy

MORTGAGE APPROVED!

- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505 OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG

License # 11991

RECIPE Sweet Pea Crostini with Baby Shrimp

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Sweet peas puréed with Parmesan and a light mayo dressing are so delicious served over a toasted crostini. An easy and bright appetizer for summer.

Ready in
Prep time: 15 minutes

Ingredients
- 8 slices baguette (1/2 inch thick by 2 inch wide)
- 2 cups frozen peas, defrosted and drained
- 1 small garlic clove
- ¼ cup grated Parmesan cheese
- 2 Tbsp light mayonnaise
- 1 tsp lemon juice
- Salt and pepper
- 3 Tbsp olive oil
- 8 cooked baby cocktail shrimp

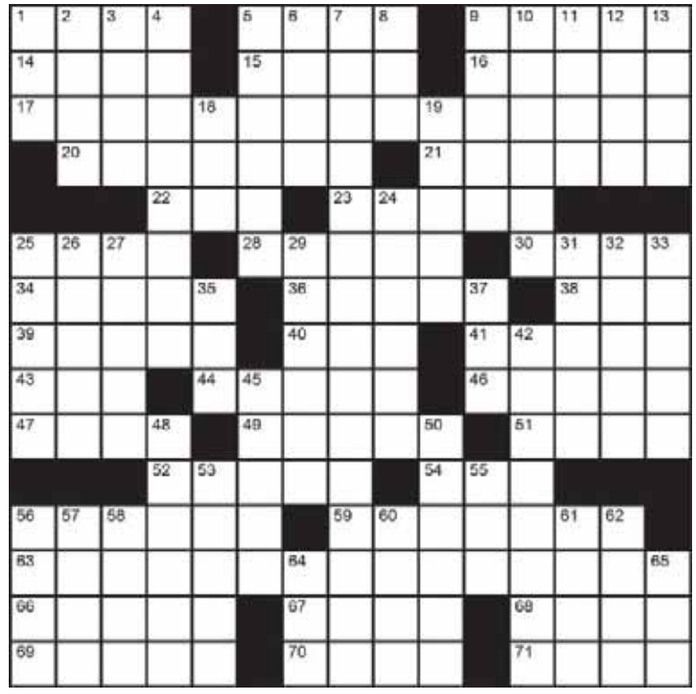
Directions
1. Spray baguette slices with oil on both sides. Toast or broil until brown on both sides.
2. In a mini food processor, add remaining ingredients except for shrimp. Purée until smooth.
3. Divide over baguettes and garnish with one shrimp per slice.

Nutrition per serving
- Calories 165
- Carbohydrates 21.5 g
- Fibre 2 g
- Protein 7 g
- Fat 7 g
- Saturated Fat 1.5 g
- Cholesterol 10 mg
- Sodium 245 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Old Rome's 1300
5. Wing __ _ prayer
9. Pipe alternative
14. "Whoops!"
15. __ __ Athlete Dying Young (A.E. Housman poem)
16. Commander __ (Lorne Greene's "Battlestar Galactica" role)
17. The variantly-spelled Baxwbakwalanuksiwe' is a __-__ in the mythology of British Columbia people The Kwakwaka'wakw
20. Newfoundland: Twillingate = 'The __ Capital of the World'
21. Investigations
22. Mr. Craven
23. Watercolour hue
25. Cousin of "Pshaw!"
28. "Isn't __ _ bit much?" (Over-the-top observation)
30. Chatter, variantly
34. Fragrant oil from flowers
36. Sandwich orderer's specification: 2 wds.
38. Mr. Cheadle
39. Trendy avenue of Edmonton's historic Old Strathcona district
40. Classic range cooker company
41. Frighten
43. Conger __
44. Power
46. __ New Guinea
47. Jackie Wilson's "__ Petite"
49. Hymn
51. After mil. combat affliction
52. Appraising person
54. Mr. Asner's
56. Ground sesames paste
59. Royal's adornments
63. What posters urged Canadians to do in WWI in order to raise money: 3 wds.
66. Skyscraper framing material
67. Put __ __ writing
68. Nav. rank
69. Shipping terminals
70. Questions
71. Skin lotion brand

DOWN
1. Close-mouthed
2. Spicy tea
3. Regarding [abbr.]
4. The __ Giant (It's a huge Western Red Cedar on Vancouver Island)
5. Certify
6. Film __ (Movie genre)
7. "How bout them transparent __ __." - Alanis Morissette, "Thank U"
8. Director Mr. Lee
9. Filmmaker Frank
10. Utter absurdity
11. Outfit
12. Marie-Claire's friend
13. Some rodents
18. Pres. Lincoln
19. Flare
24. Tel Aviv's land
25. Cat, when trying to reach for something
26. "..._ __ wed."
27. Fashion sense
29. Sore throat speaker's tone
31. Adjust
32. __ Entertainment (Canadian media company)
33. Work the dough
35. TKO caller
37. Clairvoyance, e.g.
42. Key between Tab and Shift: 2 wds.
45. Eyeball connection, __ nerve
48. Pot holder
50. FOX News anchor Ms. Kelly's
53. Indigo dyes
55. Smidgen
56. Recipe meas.
57. Car
58. Martha of "Some Came Running" (1958)
60. The Phantom's name in Gaston Leroux's classic novel The Phantom of the Opera
61. "I've Got the Music __" by The Kiki Dee Band: 2 wds.
62. Env. info
64. Actress Ms. Texada
65. __ Lanka

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Don't just sit there brooding about your problems, get up and do something about them. Better still, forget about them altogether and have fun with your friends. Life is only a trial if you choose to make it a trial.

Taurus April 21 - May 21
If you receive a financial offer of some sort today you must make up your mind about it straight away. If you leave it until tomorrow chances are it won't be there any more, so say 'Yes' or say 'No' but say something!

Gemini May 22 - June 21
Mercury, your ruler, turns direct tomorrow, so if there is something you need to say you should wait to say it until after then when the words will come more easily and others will be more prepared to listen.

Cancer June 22 - July 23
You feel trapped, unable to move one way or the other. But who says you have to move? Who says you have to do anything? Most likely the only restrictions in your life are the ones you have placed on yourself.

Leo July 24 - Aug. 23
The things you believe in today will not be the things you believe in towards the end of the week. Your views and opinions are about to undergo a major change. Be flexible.

Virgo Aug. 24 - Sept. 23
If a colleague tries to lay the blame for some kind of failure at your door today you must let them know you do not accept their verdict. Joint projects mean joint responsibility: they would soon claim the glory if it was a success.

Libra Sept. 24 - Oct. 23
Something you've always believed in will be called into question today, but don't abandon it yet. It might be the case that someone is deliberately trying to put doubts in your mind — for their own glory and profit, of course.

Scorpio Oct. 24 - Nov. 22
Check the small print and scrutinize the details of anything that is put in front of you today. The planets warn there is something there you won't agree with. It may not be a deliberate error but it could still be costly.

Sagittarius Nov. 23 - Dec. 21
If there is something important you need to say to a partner or relative put it off until tomorrow when Mercury, planet of communication, resumes its normal direction. After that, "I love you" will be a lot easier to say.

Capricorn Dec. 22 - Jan. 20
You may have to work with someone you do not much like over the next 24 hours. If you're smart you'll hide your feelings and get on with the job. Just because you don't like them does not mean you can't work with them.

Aquarius Jan. 21 - Feb. 19
Avoid making any promises until Mercury, planet of communication, turns direct tomorrow when you will have a far better chance of delivering on them. You can still be enthusiastic but don't get carried away.

Pisces Feb. 20 - March 20
A few words from you could be all it takes to cheer up someone who is depressed. Remind them they still have much to smile about, that life is supposed to be fun. You are, after all, living proof of that fact.

CONCEPTIS SUDOKU by Dave Green
Every row, column and box contains 1-9

			6	7	1			
9		2				6		8
2			1		8			7
7				4				3
1			3		7			4
8		4				2		1
			4	5	6			

SALE
20 YEARS IN CANADA
20 DAYS OF DEALS
JUNE 11 - JUNE 30
We want to CELEBRATE by offering you a new deal every day on airfares, cruises, tours & more!
FLIGHT CENTRE The Airfare Experts
1 877 923 2248

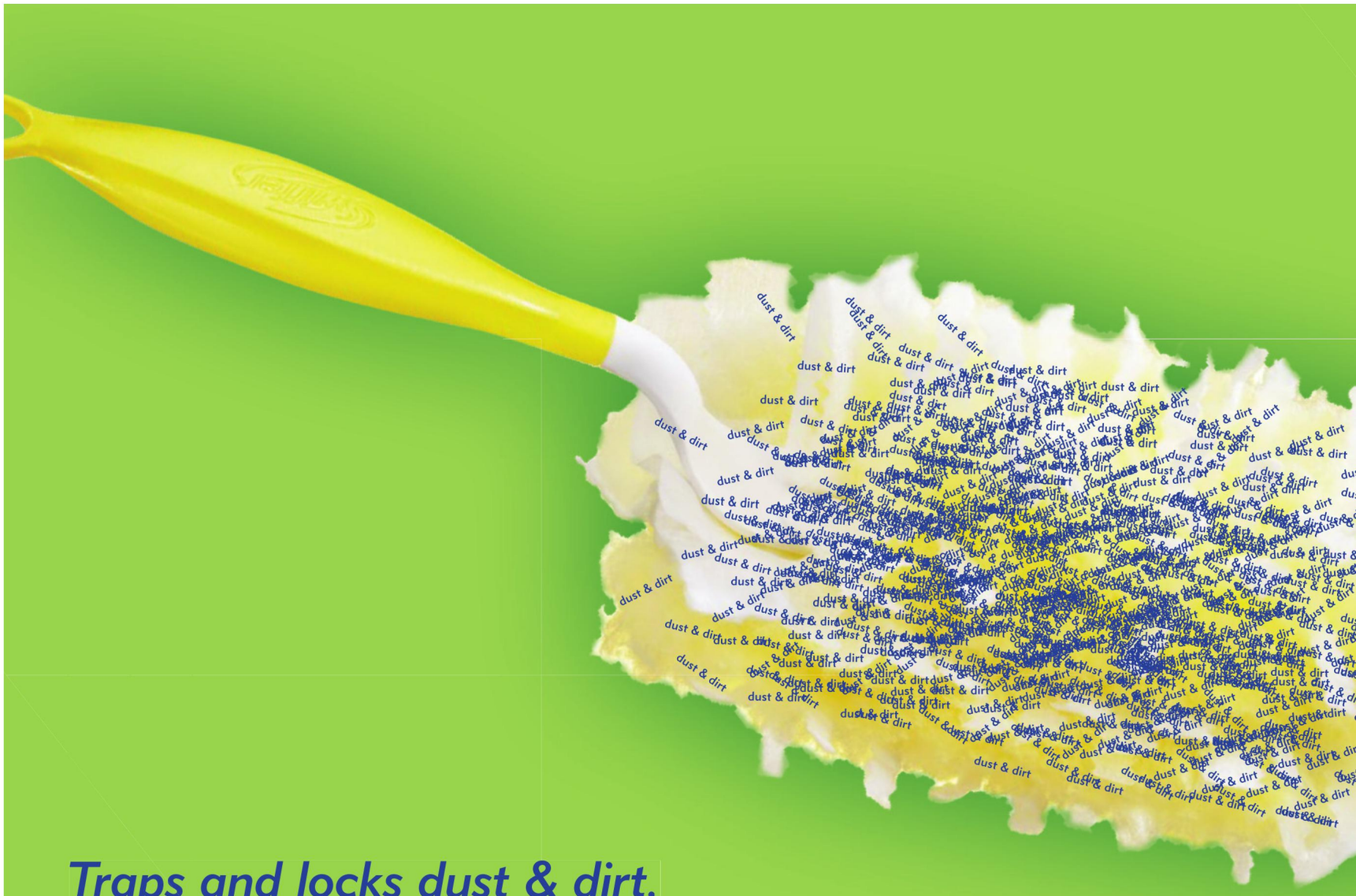
How's the news today?
Join our Online Reader Panel and help make your **Metro News** even better.
Join for a chance to win a $25 gift card.
metronews.ca/panel
metro

VERIZON INDYCAR SERIES

HONDA INDY TORONTO

ON TRACK ACTION. OFF-TRACK ENTERTAINMENT.

JUNE 12-14 FESTIVAL TICKETS AT: HONDAINDY.COM OR 1-877-725-8849



Traps and locks dust & dirt.

Big cleaning for small spaces.

Swiffer® Dusters´ fluffy fibres trap and lock dust that feather dusters can just spread around. The fluffy fibres also change shape to get into nooks and crannies, and dust virtually any surface.

Swiffer®

360° DUSTERS™

Swiffer® gives cleaning a whole new meaning.

© 2015 P&G